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THURSDAY DECEMBER 21ST, 2017



**Everyone here at The GEM wishes all our readers and advertisers a very peaceful Christmas. We are now taking a festive break and will not be publishing next week, but we will be back again on Thursday, January 4.**



## Shameful! THIEVES TEAR OPEN SCOUT POST



*Thieves fly-tipped envelopes and items from the car at Headland Park.*

by GEM  
 REPORTER  
**GOT A STORY?**  
 Call us on 01446  
 774484 or email  
[editorial@glamorgan-gem.co.uk](mailto:editorial@glamorgan-gem.co.uk)

SHAMELESS thieves in Penarth broke into a vehicle containing a box of the local Scout Christmas post, tore open the envelopes in the hope of finding cash and then fly-tipped them at Headland Park.

The incident took place last week and police officers issued a warning to local residents to remain vigilant and ensure properties are kept secure following a number of break-ins and thefts in the area.

In recent weeks, sheds and cars have been targeted.

CONTINUED ON PAGE 7

## Church celebrates traditional Nativity in a pop-up style



### Town councillors to 'seek advice on biomass application'

BARRY Town councillors have unanimously agreed to commission independent experts to get more information about the gasification plant - known locally as 'the incinerator'.

Councillors decided to seek independent examination following Natural Resources Wales' announcement last month that it was 'minded' to grant Biomass UK No 2 Ltd a permit for the plant.

NRW has told The GEM it is confident that it has the necessary expertise to rule on permit applications.

Other recommendations at the council meeting included an extension of the consultation period to give proper time to challenge mistakes and assumptions in the consultation document; and to make information available for analysis by independent experts.

CONTINUED ON PAGE 7

*Salem Baptist Church in Barry's Sunday School's 'Pop Up Nativity' was held on December 17, when everyone joined in the celebrations.*

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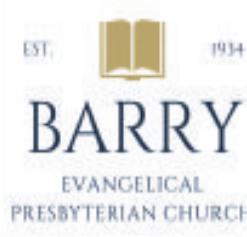
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**\*Find out  
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## A reader sets out his resolutions for you to follow in the new year

**A**S 2017 draws to a close, we have a chance to reflect on the year and many will be concerned about the number of scientific reports highlighting the plight of our natural world, whether that be the dramatic fall in our insect numbers, the decimation of our birds or the amount of plastics being dumped into our seas.

But we all have the power to make New Year resolutions in 2018 which will help make a real difference and help support and protect our precious British wildlife:

1. Plant a native tree or if you have not got the space, then sponsor the planting of a tree with the Woodland Trust;

2. Stop or reduce the use of pesticides and herbicides – when you kill our slugs and snails, you also remove the food source for hedgehogs and song thrushes.

3. Install a pond. This will give a home and water source for hundreds of insect, amphibian and bird species.

4. Commit to buying

more Fairtrade or organic products on your weekly shop.

5. Join an environmental or wildlife group which will help campaign to protect our wildlife.

6. Put up a nestbox or batbox or bug hotel to help give nature a home.

7. Commit to not paving over or concreting your garden and certainly do not buy artificial grass – there's nothing sadder than watching a blackbird searching for worms on artificial grass.

8. Go vegetarian or just have a meat free Monday.

9. Buy only Marine Stewardship Council approved fish.

10. Sign the Friends of Barry Beaches petition on the Welsh Assembly petitions site calling for a tax on single use plastics.

Finally, if you're really eager, you could also volunteer and come along to our Boxing Day beach clean at the Knap beach, Barry, meeting at the earlier time of 2.30pm. We supply the gloves, litter pickers and bags.

Remember we can all make a real difference and help protect our natural world in 2018.

See you on the beaches!

Rob Curtis,  
Co-ordinator Friends of Barry Beaches

**I** WRITE in support of the various letters in The GEM over the last few months and the latest letter from Graham Vodden opposing the Biomass plant at Barry Docks.

I am particularly disturbed that the relevant authorities allowed the construction of the plant to go ahead, now near completion, while claiming that a decision had not yet been made.

I do not believe these authorities and suspect that a decision to grant licence to this biomass company had already been made behind closed doors, even before the construction of

the plant began.

No company would invest money in construction of a plant and take it to completion unless it was virtually certain of being granted a licence.

If, as I suspect, a licence is granted, then a completely independent authority, preferably from outside Wales, should be called to investigate what went on.

Hopefully, the same group of citizens who co-ordinated opposition to this hazard to our environment and health will then co-ordinate a demand for such an investigation.

Marc Delaney,  
Barry.

difficult time.

People often say that they don't know where to turn to and don't know what help is available to them, which is why I am writing to tell you about our free, confidential Support Line – 0800 090 2309, which offers practical information and emotional support about any aspect of terminal illness, as well as offering bereavement support too.

To help everyone who may need us during the festive period, our Support Line will be open from Sunday, December 24 – Tuesday, January 2.

Support Line open hours: December 24 (10am-4pm); December 25-26 (10am-2pm); December 27-29 (8am-6pm); December 30 (11am-5pm); December 31 (10am-4pm); January 1 (10am-2pm); January 2 (8am-6pm).

If you are in need of support, or have any questions about any aspect of terminal illness, the Marie Curie Information and Support Line – 0800 090 2309 – is here for you and can help you make the most of Christmas with your loved ones.

Additionally, our trained Support Line Officers are also on hand to offer support via our online chat service at mariecurie.org.uk/support.

Andrew Wilson-Mouasher, Divisional General Manager  
Marie Curie, Wales and Southern England.

## A thank you to supporters of Friends and Neighbours

**I**WOULD like to take the opportunity on behalf of Friends and Neighbours to thank all those who have supported this group.

The group has grown immensely this year with around 80 members, including volunteers, and we now have a waiting list due to its popularity.

Many lonely and isolated people have joined this friendly social group and have made many new acquaintances and contacted old friends.

The group has had an interesting year, including trips to Tintern and Forest Dean Railway, Brecon Canal and Caerphilly Garden Centre.

There have been local lunches, a visit to the Pantomime and a trip to Wales Millennium Centre to see Sister Act, as well as the monthly meetings at Beryl Road Pioneer Hall.

The group has

received sponsorship from Morrisons, Renishaw, Asda, Waitrose, Sainsburys, Tesco and Western Power.

Members enjoyed a festive Christmas lunch at Brynhill Golf Club with entertainment from Bobby Newman and a present from Santa with Barry Round Table.

I would like to also thank both Jane Hutt AM and Alun Cairns MP for their long and outstanding support over the years and to The GEM for covering events of the group.

Thanks must also go to Barry Town Council for their support.

Finally, I would like to thank my wonderful volunteers Phyl, Christina, Marlene, Pam, Helen, Andrea, Mary, Sue, Susan Joyce and Sandra for all their help.

I wish all the members a very happy Christmas, a happy New Year and all the best for 2018.

**Gay Fifield,**  
Coordinator Friends and Neighbours, Barry.

## Ferris wheel 'just a storm in a teacup'

**I**N reply to Chris Goacher's letter in the last edition of The GEM, it is irrelevant who has the authority to close a dangerous structure in order to protect public safety.

The fact is, nobody closed Mr Danter's Ferris wheel due to its dangerous construction or inability to stand up to the "high winds of South Wales" which Mr Goacher mentioned.

This would indicate that there were indeed no concerns about its safety and this debacle was merely a bureaucratic storm in a teacup.

Gina Burton, Barry.

### HIGH TIDE TIMES (UNTIL DECEMBER 28)

*The high tides listed in this week's GEM are those in Porthcawl. It should be remembered that along the coast, high tide times will vary.*

*For instance, in Barry, the high point will be 20 – 25 minutes later.*

DATE	Time	Ht	Time	Ht
	AM	M	PM	M
21 Thur	08.03	9.4	20.19	9.3
22 Fri	08.41	9.2	20.55	9.1
23 Sat	09.14	9.0	21.29	8.8
24 Sun	09.52	8.7	22.09	8.5
25 Mon	10.33	8.4	22.57	8.2
26 Tues	11.28	8.1	23.57	8.0
27 Wed			12.33	8.1
28 Thur	01.09	8.0	13.42	8.2

*While The GEM makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.*

**We abide by the code of practice upheld by the Independent Press Standards Organisation (IPSO). This contains provisions for issues such as accuracy.**

If you have a complaint, write to us at the address below, left, or call Gareth Jamieson on 01446 774484. All complaints will be fully investigated. If you are not satisfied with the outcome, you may wish to contact IPSO, Gate House, 1 Farringdon Street, London EC4M 7LG. Website: www.ipso.co.uk. Tel: 0300 123 2220. E-Mail: complaints@ipso.co.uk. Enquiries: inquiries@ipso.co.uk.

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# Barry's Ice Central has closed early



THE Ice Central skating rink at Central Park in Barry closed for the last skate on Sunday, December 17, due to a lack of

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numbers.

Run by an independent event operator, 11th Hour, the attraction opened on Saturday, November 25, and had been contracted until December 17 by the Vale Council, but there had been hopes it would go on longer.

A council spokesman explained: "The operator had planned to extend the presence by a further two weeks but decided to close after the original contracted term, much to the disappointment of the council. This was a commercial decision prompted by low skater numbers."

Advance bookings made for dates after December 17 will be refunded automatically this week.

Competition winners who had not redeemed free tickets were able to use them last weekend or will be offered a skate at an alternative rink managed by 11th Hour.

### To celebrate our success in 2017

We have donated over £1,000 this Christmas to good causes, including hats, scarves and gloves for a local homeless shelter.

AND for all our Clients who instruct us during the months of December and January we are giving them a £50.00 reduction in our fees.

## A CHRISTMAS GIFT FROM NEWBOLD SOLICITORS FOR JANUARY 2018



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- Finalist in Conveyancing firm of the year
- Finalist in training firm UK
- Runner up in Best Woman in Law
- Finalist Business Woman of the year
- Business Excellence Award

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# 'Support our town centre' says local campaigner

A LOCAL campaigner says he is concerned that car parking charge proposals and planning decisions could be having a detrimental impact on the 'shopping health' of Barry.

Barrie V Evans, co-ordinator of the Barry First Group, claimed potential parking charges and the recent decision to deny Aldi a branch at the Ty Verlon estate, only to see one be erected at Culverhouse Cross, would prove counter-productive.

He told The GEM: "With the recent announcement by the Vale Council of its proposal to implement car parking charges on the streets of Barry and the Vale, I completely fail to see the logic in these ridiculous proposals.

"I wonder which person within the council came up with this absurd and detrimental idea in the first place? The Vale Council recently refused planning permission for Aldi to site a store just off Cardiff Road in Barry.

Their reason for the refusal was that they did not

## POLICE ISSUES APPEAL FOR MISSING ASHA

POLICE in Barry are appealing for information to establish the whereabouts of Asha Turner.



The 50-year-old woman from Barry was reported missing on December 8, 2017, but it's understood that nobody saw her for three days before.

She is 5ft tall, has brown hair and blue eyes. She is urged to contact family to confirm she is safe and well.

Anybody who has seen her should contact South Wales Police via 101 quoting reference \*480858 or call Crimestoppers anonymously on 0800 555 111.

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# The Rotary Club of Dinas Powys celebrates 30 years



PICTURED at the recent tree planting are: Howard Gaylard, Dennis Oshea, Martyn Williams, president Simon Watts, Dave Davies, Paul Williams, Bill Christensen, chairman of Dinas Powys Community Council Andy Robinson, Rotarians Tim Jones, Tim Hubbard, Brian Morgan and Kevin Fowler.

THE Rotary Club of Dinas serving the community. Having served the club birthday by planting a Rohan Mountain Ash tree in the village square in a symbolic gesture to show the partnership the club has with the community.

In 1987, a group of like-minded people gathered in a local public house to discuss the formation of a Rotary Club in Dinas Powys. The president of the club, Rotarian Martyn Williams, said: "Celebrating 30 years since the club received it

charter has given us the opportunity to catch up with past members and to reflect upon the special projects and events that the club has participated in over the last 30 years. We aim to keep the original vision of Service alive for this and for many generations of Rotarians to come."

If you are interested in learning more, contact club secretary more, contact club secretary at martyn354@sky.com or see our Facebook page.



## Dinas keeps up its Dickensian night

THE Dickensian Night in Dinas Powys has a long tradition and takes place in the 'old village'.

It is the ideal opportunity to pick up a Christmas gift and Fairtrade was among the stalls on show.

Here are some more images of the Dickensian characters, who attended the event, as reported in an earlier edition.

### Staying safe online over Christmas

ON December 12, for parents to use Barry Island Primary School pupils conducted an e-safety presentation to the governing body.

The presentation involved pupils explaining ways to keep safe online.

They also highlighted that it is vital for all children to keep safe over the Christmas holidays, especially with online games and devices being given as presents.

A year-6 pupil stated: "It is great fun to use technology, although there can be hidden dangers. It is important



### Try something different for Christmas

WHY not try Christmas Lessons and Carols and free Christmas supper.

They will sing everyone's favourite carols, read the true Christmas story from the Bible, and a buffet will follow at 7pm. For enquiries, see Pastor Drew at agoodman@barryepc.org or text 0740 0004139 to reserve a seat.

Barry Evangelical Presbyterian Church welcomes everyone to a guest at Sunday services at 11am and 6pm, and Christmas Day

On Saturday, at 10am. Visit December 23 at 6pm, www.barryepc.org for enjoy the family-friendly more information. AO

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### Forum hears from the man who cleaned up Cardiff

THE last meeting of the year of Barry Men's Forum was a return visit of David Bray, a former lifelong employee of Cardiff City Council.

He spent his working life in the refuse section starting as a young street cleaner, graduating to the position of being in overall charge of what is now known as cleansing.

David, around the time of his retirement, was enlisted by Cardiff University to give his expertise to students studying health and safety.

The talk covered many aspects of street safety management, including waste collection and disposal, drainage and snow clearance. It was a humorous talk which featured staff and residents of the city of Cardiff.

The Forum will restart on Thursday, January 4 at 10am in Holy Trinity Church, Aberystwyth Crescent, Barry, when the speaker will be Brian Mills on 'Signalling on the



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Chairman Richard Belby and secretary Sian Blackmore present the cheque.

## Island Marine' penalty shootout for young Bex

FOR this year's charity, into her heart every four minutes. Island Marine were inspired by an incredible family within the club and in particular, Bex Price (12).

Bex is the daughter of Janine Bennett and Gavin Price, a coach for the under-11s. Bex was diagnosed with Pulmonary Hypertension (PH) in December last year, an extremely rare and serious disease with only a handful of children being diagnosed each year.

Following a bout of fainting, Bex was admitted to Great Ormond Street Hospital in London in 2016, where she stayed for four weeks. She returned home having to wear a pump 24/7 with medicine being infused directly

and did better than the boys. All the teams had a prize for the top penalty taker and the top three players who raised the most money across the club received a gift, with Dylan Clarke (under-16s) first raising £160, Benjamin Venton (under-10s) second with £131 and Loukas Stephenson (under-6s) with £118.

A cheque was presented to the family by chairman Richard Belby and secretary Sian Blackmore with Gav commenting: "A staggering amount was raised for the Dinosaur Trust and we are over the moon with the support with received from everyone. Thanks to all the players and coaches for taking part and raising so much money – this truly is a fantastic club."

Bex joined in with the under-11s at Holm View Leisure Centre

## Large cannabis factory found in Barry house

Police have uncovered a cannabis factory, capable of making growers hundreds of thousands of pounds, at a house in Barry.

Officers forced their way into the Holton Road property on Monday morning after they were tipped off by a member of the public about a suspicious smell coming from the address.

Inside they found approximately 600 plants growing in all the rooms of the two-storey building.

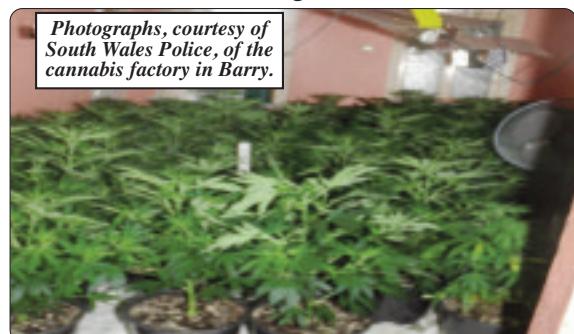
Rooms had been adapted to promote plant growth and the electricity meter had been bypassed. Bare wires were exposed and the property made safe for scenes of crime officers to attend.

The plants were at various stages of growth – some were mature, and ready to be harvested, and others were young plants. Crime scene investigators discovered evidence that drugs had previously been harvested at the address.

The gang had used the chimney breast inside the property in an attempt to expel the pungent smell of the plants into the sky unnoticed.

The address was

Photographs, courtesy of South Wales Police, of the cannabis factory in Barry.



empty when officers arrived, and they are now looking for those who are behind the sophisticated operation.

Detective Inspector Dean Taylor, said: "In the heart of Barry – on a main street – this operation was capable of making a lot of money for criminal gangs and there's a high chance that these drugs would have been sold across the town.

"It would have remained undiscovered had it not been for the public who acted on their suspicions and this is the best way for the community to make a stand against drugs.

"Cannabis growers using houses and flats depend on the cover of the community, but communities – just by being alert and aware of

the signs – can expose them very quickly and make sure they don't gain a footing right under their noses."

Giveaway signs of cannabis growing which usually take place in rented accommodation or derelict properties include:

- A strong smell emanating from the property
- Blacked out windows;
- Suspicious to-ings and fro-ings at the address, often after hours of darkness.

Landlords are also advised to be aware that criminals will often offer to pay rent up-front in order to secure properties.

Anybody who suspects drug activity in their area can contact South Wales Police via 101 or call Crimestoppers anonymously on 0800 555 111.

FS

## Blyth's Christmas spirit for Jungle Ward gifts



Splendid! Blyth making the presentation of TV/DVD players to the staff at Noah's Ark.

### Barry West End Club aims for AED

MEMBERS of Barry West End Club have begun fundraising to bring a lifesaving AED – an automated external defibrillator – to the club.

The club needs to raise funds for the specialist unit it is housed in and hopes to get an AED from the charity Welsh Hearts.

The defibrillator will be available to the public.

Keep an eye out in The GEM for news of the members' fundraising events in 2018.

FOUR-year-old Barry Island Primary pupil, Blyth Webb, recently spent three weeks under the care of Noah's Ark Children's Hospital in Cardiff after suddenly falling ill.

On admission, he was diagnosed with type 1 diabetes.

His parents, Chay and Jenna, were left humbled by the level of care and support received from all of the care staff, especially Jungle ward where they spent most of their three-week stay.

Jungle ward even goes as far as providing play support staff members Polly and Clair. They ensured that Blyth had lots to do from colouring, to games and watching DVDs.

When Chay and Jenna spoke to Clair, it became apparent that the biggest benefit to both the children and the ward are the TV/DVD players beside the children's beds.

Most children are connected to machines

and monitors and are therefore unable to move about, so to be able to lie in bed and watch a film for an hour makes a huge difference settling a child.

With 18 beds on the ward, but limited numbers of TV/DVD players, the family decided they would like to give something back to the ward for looking after them so well.

After ringing around friends and local businesses, they delivered an early Christmas present.

Blyth and the Webb family want to say 'thank you' to all those who donated, especially VOG alarms, Creative Cutz, Barry Island Sports and Social, and The Lake shop.

With their support Blyth was able to deliver 14 new TV/DVD players to Jungle ward ensuring that every bed has access to one.



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## 'CHRISTMAS TREAT' FOR THE FRIENDS AND NEIGHBOURS

**FRIENDS** and Neighbours held a wonderful Christmas party at Brynhill Golf Club to end their busy 2017 programme.

The group meet monthly at Beryl Road, Pioneer Hall in Barry. The tables were attractively laid with crackers and a goodie bag donated by Morrison's.

The party was attended by well over 70 members and volunteers. They enjoyed a three-course Christmas lunch with a welcome drink on arrival and a glass of wine with their meal.

They tucked into their Christmas lunch which was well enjoyed and the 'proof of the pudding' was in the many empty plates.

Entertainment was provided by local guitarist and singer Bobby Newman, who had them all up dancing. Alun Cairns MP called in to wish the members well while both Jane Hutt AM and Cllr Nic Hodges, Mayor Barry Town and Cllr Shirley Hodges his consort joined the members for lunch and enjoyed their afternoon immensely.

A slide show was then shown of past trips and meetings over the years which was well enjoyed and applauded. A vote of thanks was given by Jane Hutt AM; Alun Cairns MP and Cllr Nic Hodges applauded the group and the volunteers and wished them well for 2018.

Next year's programme was given out to

all the members and many of them said how full and busy it would be. A raffle was then held with over 30 prizes including donations from Sainsbury's and Tesco.

Santa Claus and his elves from Barry Round Table turned up to give the members their presents which consisted of a telephone address book and a calendar from Barry Round Table.

They chatted to the many members as they distributed the gifts and a vote of thanks was given to The Round Table before they left to carry on with the Santa Route. The group takes a break until its first meeting of the new year in January.

GF

## Penarth Ramblers enjoy a walk in Llantrisant area

**FOLLOWING** a pub in the town dry train journey to Llantrisant via Roam Road and passing the remains of an old rifle range to arrive at the large earthworks of the Iron Age Rhiew Saeson Caerau Hill Fort; contact Rachel on 01446 410545.

Rhiew Saeson means 'slope of the Saxons' and the fort was possibly defended during the Roman invasion in AD79.

On December 23, meet at 9am at Cogan Leisure Centre for an eight-mile easy/moderate walk taking in hidden Cardiff including Insole Court; contact Rachel on 01446 410545.

On December 27, come and walk off the Christmas pudding on a six-mile easy tour of Cardiff Bay leaving Cogan at 9.30am; contact Ann on 029 2040 7319.

On December 28, join a 10.5-mile linear walk from St Nicholas to Penarth, via Wenfaoe and Dinas Powys, meet Wood Street, Cardiff to catch the X2 Portcawl bus at 10.05am; contact John R on 029 2070 8294.

On December 30, meet at 10am at the Bridge Café car park, Cold Knap, Barry for a four-mile easy tramp on three lovely beaches at low tide; contact Jan/John on 01446 418514.

For up to date information on the group and walks, log onto [www.penarthramblers.wordpress.com](http://www.penarthramblers.wordpress.com) or

Facebook. Programmes and membership advice can be obtained from Pam on 029 2025 5102.

JOY STRANGWARD

### Christmas banner donated to local library

RHOOSE Dental Practice has donated a 'Christmas banner' to Rhosee Community Library.

The banner is displayed outside the library in the heart of the village.

Bronwen Hughes, a volunteer at the library, said: "The trustees and volunteers at the library are most grateful to Aled James at Rhoose Dental Practice for his generous and community-minded support."

Junior members of Rhoose Community Library are pictured with the new Christmas banner.

BH

### Boxing Day litter pick

**FRIENDS** of Barry Beaches will be holding a Boxing Day litter pick at the Knap beach on Boxing Day.

A spokeswoman said: "Volunteers should meet at the earlier time of 2.30pm near the lavatory block.

"All are welcome and equipment will be supplied, but please wear sensible footwear and dress for the weather. Volunteers are welcome to join us for a festive mince pie after the litter pick.

"May we take this opportunity to thank the many volunteers who have participated in beach cleans in 2017 and we look forward to welcoming you back in 2018 and to welcoming new faces too."

AS

### Valeways guided walks

ON Wednesday, December 27 the Coffee Shop Strollers of Barry will meet at 10.30am at the top of Bridge Café car park in Barry.

On Monday, January 1 Dave's Annual New Year's Day Walk takes place from 1.30pm. Meet at St Peter's Church on Mill Road, in Dinas Powys.

### PACT meetings

**PENARTH** drop-in - Come along to Penarth Police station (front desk) to meet your local PCSO Leanne Norris on Thursday, December 28 between 4.30pm and 5.30pm.

PCSO Norris will be on hand to offer some handy crime prevention advice and help resolve any issues you may have in your local area.

## Bethel Baptist Church\*

Harbour Road, Barry  
Warmly welcome you to our  
Christmas Services...

Candlelit Carols, Sunday 24th Dec. 6pm  
Christmas Day Family Service, Monday 25th  
Dec. 10am

The people walking in darkness have seen a great light...  
for to us a child is born, to us a son is given...  
He will be called Wonderful Counsellor, Mighty God,  
Everlasting Father, Prince of Peace.  
(Isaiah talking about Jesus)



## Family candlelit carol service

**N**EW Life Church in Barry is holding its first family candlelit carol service on Christmas Eve at 5pm.

The carol service will include traditional Christmas carols and short readings while, said a spokesperson, "using the latest digital technology to help recapture the real meaning of Christmas".

The spokesperson continued: "In addition, there will contemporary seasonal music and Nativity characters for the children. Whatever your age, you

will find this year's carol service powerful, inspiring and a memorable feature of your Christmas."

The service will be held at Barry Island Community Centre, Friars Road, Barry Island, CF62 5TR and will be followed by mince pies and refreshments. Why not make this Christmas special as we celebrate the birth of Jesus together?

Admission is free and everyone is welcome.

Further information available by visiting <http://newlifechurchbarry.weebly.com> or looking at the advertisement below. AS



# Mum 'drops five dress sizes'

A 25-YEAR-old Barry mother-of-two dropped five dress sizes after she found a solution to her weight problems.

Stacey Avaint told The GEM that for years she had yo-yoed between bingeing on food and starving herself.

She explained: "My entire life had been spent being morbidly obese. At my heaviest, I topped 17 stones. Apart from the obvious health implications obesity has, being obese takes its toll mentally too."

"People don't realise that obesity can cause eating disorders. For what felt like a lifetime, I battled with bingeing and starving myself."

"After having my first child, Brandon, the reality of bingeing and starving was too difficult and too physically draining to deal with as a new parent."

Stacey tried weight loss products but with no success. She was also concerned her son might suffer problems with his weight in years to come. Trips to the gym also failed to deliver lasting results.

In desperation, she turned to weight loss tablets, but suffered serious side effects such as palpitations and a worrying rash.

After a second pregnancy, carrying her son Jody, she became obese again, and topped the scales at 15 stone.

Things changed things permanently after she passed the TFL Centre on Cardiff Road, Cardiff, and saw local women going full throttle on punch bags.

"It sparked a lot of interest in me and one day I contacted Jordan, the creator of 'RiKasystemz', and took the plunge to attend one of their eight classes."

"Jordan encouraged me during every class, pushing me that little bit further every time. They were there after the class too, to answer any questions or just give motivational advice."

"She inspired me, made me believe in myself and gave me courage in changing myself correctly."

Stacey has kept the weight off and weighs nine stone.

## Councillors 'seek advice on biomass application'

CONTINUED FROM PAGE 1

Plaid Cymru group leader on Barry Town Council, Cllr Shirley Hodges, said: "Natural Resources Wales must extend the time limit for consultation beyond the mid-January timetable so that all aspects of the draft permit can be examined."

"They are making decisions on information which has not been scrutinized by independent experts."

Cllr Hodges added: "This is our health that they are messing with, and we want independent experts to be satisfied, not an underfunded NRW waving through information given to them by the plant owners."

Last week, Nadia De Longhi, the operations manager for Natural Resources Wales insisted NRW was examining all the relevant material and had the expertise required to monitor the site.

She said: "All our decisions on permit applications are made after analysing all relevant facts, evidence and data."

"At this stage, there is no evidence that the plant cannot operate to legal and environmental standards. The purpose of this latest consultation is to give people an opportunity to provide any evidence we have not seen or considered so far."

She added: "We strongly disagree that NRW doesn't have the expertise or capacity to monitor the site effectively."

## Thieves tear open Scout post

CONTINUED FROM PAGE 1

Headland Park. "Unfortunately, as they made such a mess, it's almost impossible to know who the senders or intended recipients were. "Patrols have been stepped up in the area but I would advise everyone to ensure their property is as secure as possible."

"Simple precautions can make a big difference. Please make sure sheds and outbuildings are always securely locked, and please don't leave valuables in cars or on show near your windows at home."

"We regularly hold free bike-marking events which were due to be delivered by the Scout post service. The thieves then callously tore through every envelope, presumably searching for details of the next event and come for money, before along to protect your discarding them all at property."

by GEM REPORTER  
GOT A STORY? Call us on  
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editorial@  
glamorgan-gem.co.uk



## Dinas carols 'could become annual event'



*The band in full flow. More than 100 people gathered for the carols.*

**IN A LEAP OF FAITH, A FEW DINAS POWYS COMMUNITY COUNCILLORS DECIDED THAT THERE SHOULD BE OPEN AIR CAROLS ON THE TWYN IN THE HEART OF OLD DINAS POWYS THIS YEAR.**

With the enthusiastic support of the Ecumenical Seven providing the big band sound, and members of the cast of Bethesda Concert, all that was needed was dry weather and people to attend which they did.

Cllr Chris Franks said: "When we started the planning we had been slightly anxious but in the end there was great support from the community.

"We were delighted that at the start of the carols well over 100 people gathered by the community council Christmas Tree.

"There have been calls for the carol evening to become an annual event and so we will see what can be done."

AS

Richard Grigg handed out song sheets and did a grand job in retrieving the sheets at the end of the concert.

AS

The chair of Dinas Powys Community Council, Andy Robertson, thanked everyone for attending and said such community events continue to be important.

Many traditional carols were sung including 'Silent Night', 'We Three Kings' and 'While Shepherds Watch Their Flocks by Night'.

Mark Thompson led the singing and invited youngsters to form an impromptu orchestra much to the delight of the audience. The children's rendition of 'Jingle Bells' was a big hit.

Cllr John Fanshaw, who coordinated the event, thanked everyone who offered donations to Dinas Powys Voluntary Concern. The event raised over £75 for DPVC to help alleviate loneliness and isolation among local elderly residents.

Richard Grigg handed out song sheets and did a grand job in retrieving the sheets at the end of the concert.

AS

## Cyngor Bro Morgannwg 2017 (SOUTH ROAD (B4267), SILI) (SEFYDLU CROESFAN (PYFFIN) I GERDDWYR)

1. Mae Cyngor Bro Morgannwg wrth arfer ei bwerau dan Adran 23 Deddf Rheoleiddio Traffig Ffyrdd (1984) (fel y'i diwygiwyd) a'r holl bwerau galluogi eraill yn bwriadu gwaredu'r groesfan (sebra) bresennol i gerddwyr a sefydlyo croesfan (pyffin) i gerddwyr am y rhewyn a ddilysgrif yn Atodlen 1 ac yn y lleoliad a didysgrif yn Atodlen 2 isod.
2. Gellir archwilio manylion llawn y cynnig a chopi o'r cynllun (T/17/124/MS) yn y cyfeiriad isod yn ystod oriau swyddfa arferol.

### ATODLEN 1

Mae'r cynllun yn cael ei hyrwyddo i leihau achosion o yr wrwyd yn methu â stio pio tra bod cerddwyr yn aros i groesi a/neu frecio'n hwyr pan fo cerddwyr yn camu i'r ardal a reoli.

I lliniaru hyn, argymhellwyd croesfan (pyffin) i gerddwyr â signalau i sicrhau bod gyrrwr yn ymateb i olau coch, yn hytrach na dibynnu ar eu hymwybyddiaeth ofodol o gerddwyr yn ardal y groesfan bresennol

### ATODLEN 2

Newid y groesfan (sebra) bresennol i gerddwyr, y mae ei chanol 34 metr i'r goleodd-orlewin o ganol y gyffordd a Burnham Avenue, am groesfan (pyffin) i gerddwyr.

### Dyddiedig 21 Rhagfyr 2017

Mr. M. E. Punter  
Cyfarwyddwr Gwasanaethau Gweladwy a Thai  
Cyngor Bro Morgannwg,  
The Alps, Quarry Road, Gwenfô, CF5 6AA.

## TOWN COUNCIL BACKING FOR FERRIS WHEEL

A PLANNING application for the Barry Island Ferris wheel at the Island's Pleasure Park was given the green light on Tuesday night by Barry Town Council's planning committee.

Barry Town Council officers had recommended no objection to the proposal for a 32-metre wheel to be erected.

Under the normal planning process, Barry Town Council, local councillors and nearby residents are consulted on plans before the Vale Council makes the final decision. That verdict is likely to be delivered some time in the new year.

Plaid Cymru councillor for Barry Island, Cllr Steffan Wiliam, said the big wheel had quickly become an iconic part

of the town, featuring in tourist photos and Barry imagery on social media.

"It was a disappointment when it had to be taken down.

"As long as there are no safety issues, I hope that there will be no objection to the Ferris wheel returning in time

for next summer.

"It is important that the Vale Council works closely with Henry Danter to ensure that the Barry Island Pleasure Park continues to be a success and a central part of Barry's continued regeneration."

## ANGEL TRAIL

THE FINAL EVENT OF THE PENARTH ANGEL TRAIL TOOK PLACE IN PENARTH LIBRARY ON DECEMBER 16 WHEN CHILDREN AND YOUNG PEOPLE TOOK PART IN AN ANGEL-THMED AFTERNOON OF CRAFT MAKING AND STORYTELLING AT PENARTH LIBRARY.

Under the normal planning process, Barry Town Council, local councillors and nearby residents are consulted on plans before the Vale Council makes the final decision. That verdict is likely to be delivered some time in the new year.

Plaid Cymru councillor for Barry Island, Cllr Steffan Wiliam, said the big wheel had quickly become an iconic part

well hidden spaces within 14 independent shops in Penarth.

For the last two years, angels were hidden in the shops and next year will feature another character or animal from the Christmas story. Details are a well guarded secret.

Many thanks to everyone who helped once again to make the Angel Trail such a success, and the winner of the prize draw was Seren Stagg.

JM

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## The Vale of Glamorgan Council (SOUTH ROAD (B4267), SULLY) (ESTABLISHMENT OF A PEDESTRIAN (PUFFIN) CROSSING)

1. The Vale of Glamorgan Council in exercise of its powers under Section 23 of the Road Traffic Regulation Act (1984) (as amended) and of all other enabling powers intends to remove an existing pedestrian (zebra) crossing and establish a pedestrian (puffin) crossing for the reason described in Schedule 1 and at the location described in Schedule 2 below.

2. Full details of the proposal and a copy of the plan (T/17/124/MS) may be inspected at the address shown below during normal office hours.

### SCHEDULE 1

The scheme is being promoted to reduce the instances of drivers failing to stop whilst pedestrians are waiting to cross and/or late braking when pedestrians have stepped out into the controlled area.

To mitigate the aforementioned, a signalled pedestrian (puffin) crossing has been recommended to ensure drivers react to a red light aspect, rather than rely upon their spatial awareness of pedestrians in the vicinity of the existing crossing.

### SCHEDULE 2

Replace the existing pedestrian (zebra) crossing, the centre of which is located 34 metres northwest of the centre of its junction with Burnham Avenue, with a pedestrian (puffin) crossing.

Dated this 21st day of December 2017

Mr. M. E. Punter  
Director of Visible Services & Housing  
Vale of Glamorgan Council,  
The Alps, Quarry Road, Wenvoe, CF5 6AA.



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# Festive shoeboxes from Hafod



Doing good works benefits others and is good for one's elf.

STAFF from Vale-based housing provider Hafod came together to answer this year's call for Christmas appeals.

A total of 45 shoeboxes were filled with items including toiletries, hats, scarves, gloves and sweets to help make Christmas more comfortable for the recipients.

Christine Crocker, care support manager, said: "Yet again, we have

been overwhelmed by the generosity and kindness of our staff.

Their donations will make the world of difference to the young people and families we support and for many these will be the only gifts they have.

"Hafod's vision is to make lives better and it's heart-warming to know that, in addition to providing vital support services, we will also be

spreading some cheer this Christmas."

HS



This year's winners, and Cllr Geoff Cox.

## Sweet smell of success for lollipop men and ladies

THIS year's School Crossing Patrol presentation took place at the Vale council's Dock Offices on December 15, when volunteers and officers were thanked for their dedication to road safety.

The road safety charity Brake estimates that 46 per cent of children aged five – 10-years-old and 38 per cent of children aged 11 – 16 walk to school. If these figures are correct, then some 7,000 children across the Vale walk all or part of a journey to school each day.

This year's William Maggs Challenge Trophy was awarded to David Letts for his 12 years of service as a lollipop man at Dinas Powys Primary School.

David Letts said: "I had no idea I was receiving this award, I am overwhelmed. I am 77-years-old and I love what I do, so I'm hoping to

carry on working until I am 80. The children are lovely, and it's a great job in all weathers, I don't mind it."

Mary Gilbert, a volunteer trainer at Holton School won the Kercroft award, a programme that teaches children to be safer pedestrians while walking to school.

Julie Ellis won an award for working as a lollipop lady in a difficult location in St Athan in the rural Vale, and Nicholas Latham won a similar award for working in Barry.

The lollipop man for the areas of Penarth, Dinas Powys and Sully, Nigel Bishop received an award for his three years of service.

Lollipop men and ladies were first introduced in the United Kingdom in 1953, and the familiar round sign in the 1960s.

## AN END OF YEAR WALK FOR VALE RAMBLERS

THE last two walks of 2017 couldn't have been more different for the Vale of Glamorgan Ramblers.

On Sunday, December 10, despite the weather being wet and windy in the Vale, 11 members made their way to Glynncoy for a walk that was led by Jackie and Shan.

When they arrived, they found they were walking in the snow and they felt very festive indeed, and there quite a few verses of 'Walking in a Winter Wonderland' sung.

The walk on Sunday, December 17, was more local, meeting at St Bride's Major, but a damp, drizzly day. Nevertheless, 19 members took time out of their Christmas preparations to join Peter and Jean on the last walk of the year.

Leaving the village, the group made their way to the clapper bridge at Castle upon Alun, bit of a drama here,

as one member's stick decided to brave the cold water and go for a swim, only to be rescued by a stick belonging to another member!

The weather at this point was beginning to clear, and we had some lovely views towards Wicks and the south coast of the Vale.

After coffee, they made their way towards Ewenny, when the weather by this time had taken a turn for the worse. Lunch was eaten in the rain, but the silver lining was that the leaders provided some mulled wine and stollen – very welcome festive food and drink.

The drizzle persisted for the rest of the walk, and they made their way back to St Bride's Major, crossing the stepping stones, after a climb up to the ridge and then to The Fox and Hounds for a welcome post drink walk.

For further information, see [www.ramblers.org.uk/valeofglamorgan](http://www.ramblers.org.uk/valeofglamorgan)

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# Intestinal problems are no illusion

## Scientists get to the bottom of it



Approximately 13 million people in the UK suffer from an irritated bowel, the so called, Irritable Bowel Syndrome (IBS). In the past, people affected were repeatedly labelled as hypochondriacs. Wrongly so! Scientists have found a possible cause for an irritated bowel. But more importantly: they also found a promising relief for IBS called Kijimea IBS.

### IBS: Only one's imagination?

People suffering from an irritated bowel are consistently plagued by bloating or flatulence, abdominal pain or diarrhoea – sometimes alternately, oftentimes even simultaneously. For many people affected, a large part of their quality of life is lost. What is almost as severe: Many sufferers feel that their problems are not taken seriously. All too often they are labelled as hypochondriacs. Are they

only making up their intestinal problems? Nowadays, scientists say no.

### Potential cause: an impaired intestinal barrier

More and more researchers today assume that the typical intestinal problems are caused by a damaged intestinal barrier. These damages enable pollutants and pathogens to penetrate the intestinal wall, triggering the typical symptoms such as bloating, diarrhoea, abdominal pain or flatulence. Luckily, researchers also discovered a unique bifidobacteria strain which can help (only in Kijimea IBS).



### Effective treatment: a globally unique bifidobacterium

Under the direction of the renowned Prof. Dr. S. Guglielmetti, a team of scientists found out that the bifidobacteria strain B. bifidum MIMBb75, contained in Kijimea IBS (only available over the pharmacist counter), attaches itself directly to the intestinal wall. Symbolically, it covers the intestinal wall like a plaster. The effectiveness of Kijimea IBS has been shown

in a clinical study. During the study most IBS symptoms did not only significantly improve due to Kijimea IBS, but in some cases also disappeared. Furthermore, the bifidobacterium included in Kijimea IBS is the only one worldwide that simultaneously showed an increase in the quality of life of IBS patients.

### Now available in the UK – Kijimea IBS

In many other countries, Kijimea IBS has already proven to be successful. This product is now available in the UK, too. Kijimea IBS is prescription free available over the pharmacist counter and has no known side effects.

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- your independent pharmacy or Superdrug pharmacy
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Dear Pharmacist, Kijimea IBS is new on the UK market. If you cannot find it in your own supplier system, please make a special order through the **Alliance wholesale system**.



# SANDS helpline will be open Christmas Day and New Year

SANDS (Stillbirth and Neonatal Death charity) knows that the festive period can be a particularly difficult and lonely time for parents who have experienced the death of a baby. For this reason, the charity has extended the opening hours of its freephone helpline to include Christmas Day and New Year's Day.

The confidential helpline provides a safe place for anyone

affected by the death of a baby to seek comfort and support. The charity's experienced bereavement support team is there to listen and signpost to further help.

Dr Clea Harmer, chief executive of Sands said: "Bereaved parents tell us that Christmas can be highly emotional for them as they spend time with their close friends and families and remember their babies who have died. So we have extended the opening hours of our helpline at a time they may need us the most.

"I would urge anyone who has been affected by the death of a baby to get in touch if they want to talk to us over the festive period. We are

dedicated to providing emotional support and information right from the early hours after a baby's death, through to the weeks, months and years ahead."

The Sands Helpline will open during the following hours: Christmas Day (Monday, December 25) - 10am-3pm and 7pm-9pm;

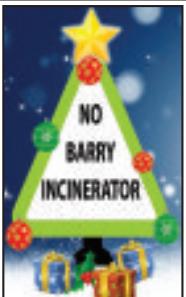
Boxing Day (Tuesday, December 26) - 10am-3pm and 7pm-9pm;

Wednesday, December 27 to Friday, December 29 - normal helpline hours - 9.30am-5.30pm;

New Year's Day (Monday, January 1) - 10am-3pm;

Tuesday, January 2 - normal helpline hours resume - 9.30am-5.30pm.

The Sands Freephone Helpline number is 0808 164 3332. Bereaved parents and their families can also email the Helpline if they would prefer at: helpline@sands.org.uk. For further information on the different types of support offered by Sands visit: [www.sands.org.uk/support/how-we-offer-support](http://www.sands.org.uk/support/how-we-offer-support).



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# Blood Bikes Wales bowled over by club's support



Pencoed Bowls Club members Charlotte Pearson and Tom Pearson presenting a cheque for £1,000 to Andrew Morgan and Martin Ricketts of Blood Bikes Wales.

**EARLIER this year, members of Pencoed Bowls Club nominated Blood Bikes Wales as their charity for 2017.**

Andrew Morgan and Martin Ricketts of Blood Bikes Wales, both volunteer motorcycle riders, said: "We are so grateful to the members of the Pencoed Bowls Club for their fantastic backing. This money will help us to continue our support of local hospitals

and special care baby units."

Charlotte Pearson, charity secretary of the club, said: "Our members are delighted to assist such a worthy cause.

"The work the Blood Bikers do goes largely unnoticed, but can make all the difference to seriously ill patients in hospital."

AM

## DONATIONS GIVEN TO LOCAL FOODBANK



**Lyndsay Ellis (right) with members of the Vale Foodbank.**

## Harris Pye sold

**THE Harris Pye Engineering Group, specialists in the provision of repairs, upgrades and conversions to the marine, offshore oil and gas, and associated onshore industrial sectors, has been acquired by the Joulon Group.**

In the Vale, Harris Pye operates from a trading estate at Llandow. Joulon was created in partnership with KKR, the global investment firm to acquire well-established companies globally. The investment in Joulon comes from multiple funds managed or advised by KKR.

"We are really excited to have Harris Pye as part of Joulon Group. Harris Pye's extensive global presence and expertise in executing large distributed complex projects across any asset

the population we serve across south east Wales.

"Although it has served us and our patients well for more than 60 years, our current cancer centre is no longer fit for purpose. More and more people across the region require cancer treatment and our care. Because of that continued increase in demand on our services, we must do things differently.

"As we move in to this next phase, we're looking forward to continuing to work with our patients and our local community to ensure the new Velindre Cancer Centre and its location can benefit everyone."

"The network stretches from Brazil to Japan, North America and Canada to Australia and includes major workshops in Wales, Brazil, Sharjah and Singapore.

Under the new ownership Mark Prendergast remains CEO, Chris David is chief operating officer, and David Walters is chief financial officer. Additional Harris Pye board members will be announced shortly.

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SATURDAY 30th DECEMBER 10.00am - 5.30pm  
NEW YEARS EVE SUNDAY 31st DECEMBER 11.00am - 5.00pm  
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TUESDAY 2nd JANUARY 9.00am - 5.30pm

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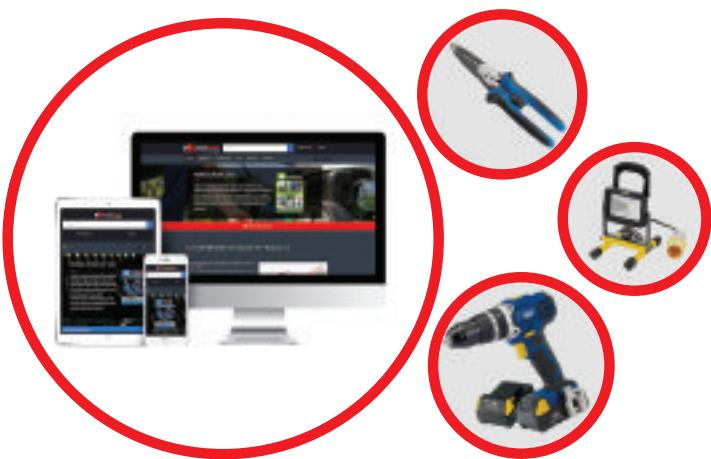
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# Glamorgan smallholders aim to share their expertise in Cameroon

GLAMORGAN helping sustainable livelihoods in agriculture in Cameroon as well as Wales. Wales has a lot of expertise in farm diversification and the artisan food movement that they can share in Cameroon and Cameroon has a rich food history that will inspire the Welsh team."

Helen Joy, of Glamorgan Smallholders, said: "There are a lot of similarities between smallholders in Wales and smallholders and the Menoua region of Cameroon. This is an exciting opportunity to share and exchange about good practice."

With the money raised by the Food for Prosperity crowdfunding campaign, equipment will be bought to help set up an artisan food cooperative in Cameroon and provide them with training.

Carol, vice chair of food pressure group Slow Food Cymru Wales, and director of Aberdare-based food tourism company Food Adventure and social enterprise Taste Cameroon Community Enterprise CIC, have launched a crowdfunding campaign to support a new Welsh-Cameroonian community initiative, Food for Prosperity. The goal is to raise £5,000 to support this project.

"Food for Prosperity is a Welsh-Cameroon initiative. It is about



Carol Adams (seated), who was recently crowned a regional queen by the Cameroonian Queen, and the Glamorgan Smallholders.

Football Club are on Kickstarter to help establish a Menoua region

and the Welsh-Cameroon

relationship with

Cameroon. This

friendship will help

people in Cameroon gain

skills needed to help get

out of poverty and earn a

sustainable living and

give Welsh businesses

some new ideas to help

boost their own

businesses.

Illdut of Charcutier, winner of the 2016/2017 BBC Food and Farming Awards Best Producer,

said: "It is an honour and privilege to share my skills with people who will use this knowledge

to improve their lives, the

lives of their family and

their community. At the

same time, I am looking

forward to learning about

the culture, heritage, unique food traditions and products that

the country has to offer."

Added Carol: "This is a great opportunity for

Wales to create a strong

SR



Carol Adams and Helen Joy.

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Email: helenj@anthonyandjarvie.co.uk  
6 Court Road, Bridgend, CF31 1BW

## Your CHRISTMAS waste and recycling

### Gwastraf ac ailgylchu y NADOLIG hwn



recycle for the Vale  
ailgylchu dros y Fro

#### Christmas Tree Recycling / Ailgylchu Coed Nadolig

Only real trees please with decorations and soil removed. Please cut trees longer than six foot down to this size and place on the kerb by 7am.

To be collected with your normal food waste service  
Monday 8 January to Friday 12 January 2018

Dim ond coed go lawn a gaiff eu casglu, cewch wared â'r holl addurniadau/pridd. Torrwrh unrhyw goed sy'n hirach na 6 throedd i'r maint hwn a'u ddodi ar ymyl y ffordd erbyn 7am.

I'w casglu gydag eich gwastraf bwyd arferol o ddydd Llun 8 Ionawr i ddydd Gwener 12 Ionawr 2018

#### We will collect / Byddwn yn casglu:

Turkey carcasses • veg peelings • leftovers ...in food bins.  
Cards...in green boxes/blue bags.  
Carcasau tyrciad • croen llyisiau • gweddillion ...yn y bin bwyd.  
Cardiau ...yn y blychau ailgylchu gwyrrd/bagiau għas.

#### We can't collect / Ond ni fyddwn yn casglu:

Fairy lights • sticky tape • bows • tinsel / decorations  
polystyrene • shiny metallic paper • gift bag handles  
...we are presently not able to recycle these.  
Goleuadu tylwyth teg • tāp gludieg • bwāu • tinsel/addurniadau polystyren • papur disglaib / metelaidd •  
dolennau bagiau rhoddien ...ar hyn o bryd ni allwn ailgylchu'r rhain.

#### Christmas Collections / Casgliadau Nadolig

Normal Collection Day:	Changes to:
Monday 25 December	- Wednesday 27 December
Tuesday 26 December	- Thursday 28 December
Wednesday 27 December	- Friday 29 December
Thursday 28 December	- Saturday 30 December
Friday 29 December	- Sunday 31 December
Monday 1 January 2018	- Tuesday 2 January 2018
Tuesday 2 January	- Wednesday 3 January
Wednesday 3 January	- Thursday 4 January
Thursday 4 January	- Friday 5 January
Friday 5 January	- Saturday 6 January

Diwrnod Casglu Arferol:	Yn newid i:
Dydd Llun 25 Rhagfyr	- Dydd Mercher 27 Rhagfyr
Dydd Mawrth 26 Rhagfyr	- Dydd Iau 28 Rhagfyr
Dydd Mercher 27 Rhagfyr	- Dydd Gwener 29 Rhagfyr
Dydd Iau 28 Rhagfyr	- Dydd Sadwrn 30 Rhagfyr
Dydd Gwener 29 Rhagfyr	- Dydd Sul 31 Rhagfyr
Dydd Llun 1 Ionawr 2018	- Dydd Mawrth 2 Ionawr 2018
Dydd Mawrth 2 Ionawr	- Wednesday 3 Ionawr
Dydd Mercher 3 Ionawr	- Dydd Iau 4 Ionawr
Dydd Iau 4 Ionawr	- Dydd Gwener 5 Ionawr
Dydd Gwener 5 Ionawr	- Dydd Sadwrn 6 Ionawr

Normal collection days from 8 January  
Diwrnod ailgylchu arferol o 8 Ionawr

# Out & About with The GEM

## Advertising feature

### Slimming World Local expert promises a slimmer new you for 2018!

**PEOPLE in St Athan can look forward to a healthier, happier New Year with the help of a local slimming expert.**

This January Helen Waite, who runs three Slimming World groups in Rhoose and Llantwit Major, is delighted to reveal a brand new Saturday morning group in St Athan from January 6.

Helen first became a consultant 13 years ago and is thrilled to be

opening this group in her own village.

She said: "Slimming World has been helping people to lose weight for more than 48 years so we've learned a thing or two about supporting slimmers to achieve their dreams, including a deep understanding of the emotional as well as the practical aspects of losing weight.

"If anyone is pledging to slim down and become more active in 2018, Slimming World is the place to be to make sure their

dreams turn into a reality.

"This year we've created a brand new booklet for members that includes all of our very best advice – all based on our decades of experience. It combines top tips for a fabulous first week weight loss, simple shopping advice, and small swaps that will make a big difference to your waistline and help you to form healthy habits that will last a lifetime, all as well as introducing members to

Slimming World's healthy eating plan, Food Optimising."

Helen says that people who embark on New Year diets fail within days or weeks, because they follow plans that are too restrictive and leave them feeling hungry or deprived so they're impossible to keep up.

"But Slimming World's Food Optimising plan isn't a diet and you don't have to count and measure everything you eat.

"Instead, by satisfying your appetite on everyday foods like fruit and veg, pasta, rice, potatoes, lean meat and fish, which are filling yet naturally low in calories, it's possible to lose weight without ever having to go hungry or feel deprived."

This January every new member will receive a copy of the 'Get Set For Success' booklet free, when they join their local group.

Combined with the support of the group, this slimming 'bible' will give everyone who walks through the doors the very best possible chance of a great first week weight loss, meaning they're more likely to achieve their weight-loss target, according to Slimming World's research.

As well as this package, new members will get the support of highly-trained consultant Helen: "I've lost my weight with Slimming World myself so I know exactly what it feels like, from feeling nervous about walking into the group on that first day through to the joy of reaching your weight-loss target.

"Everyone in the group is there for the same reason – to lose weight and become happier and healthier – and each week we help and support each other by sharing advice, ideas, tips, recipes and more."

Anyone who'd like to join the St Athan Slimming World group can pop along every Saturday at 9.30am at the Gathering Place, Flemington Road, or for more information call Helen on 01446 750738, or 07968 355119.



**New Group**  
From Saturday 6th Jan  
Saturdays 9.30am  
The Gathering Place,  
Flemington Road, St Athan  
Helen 07968 355119

**New Venue**  
From 11th Jan (Please phone Nicola for current group details).  
Thursdays 9.30am and 11.30am.  
Memorial Hall, Cenotaph Entrance, Gladstone Road, Barry.  
Nicola 07951 510871

**Friday 9.30am**  
Ebenezer Church (opposite surgery) North Cornelly.  
Rachel 07779 956233

**Mondays 5.30pm**  
Cadoxton Moors Community Centre, Rear of Edmond Place, Cardiff Road, Barry  
Karl 07411 621866

**Mondays 5.30pm and 7.30pm**  
Celtic Way Community Centre, Rhoose  
Helen 01446 750738/07968 355119

**Tuesdays 9.30am and 11.30am**  
Parish of Our Lady & St Illtyd, (Catholic Church), Ham Lane East, Llantwit Major  
Helen 01446 750738/07968 355119

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Parish of Our Lady & St Illtyd, (Catholic Church), Ham Lane East, Llantwit Major  
Helen 01446 750738/07968 355119

**Thursdays 5.30pm and 7.30pm**  
The Cabin (Next to Swim Pool), Rear of Hebron Hall, Cross Common Road, Dinas Powys  
Linda 01446 761150/07809 901008

**Wednesdays 5.00pm**  
All Saints Church Hall, Victoria Square, Penarth  
Linda 01446 761150/07809 901008

**Thursdays 5.30pm**  
Highlight Park Community Centre, Barry  
Annamarie 07837 497523

**Thursdays 5.30pm and 7.30pm**  
The Cabin (Next to Swim Pool), Rear of Hebron Hall, Cross Common Road, Dinas Powys  
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**Saturday 8.00am & 10.00am**  
All Saints Church Hall, Victoria Square, Penarth  
Linda 01446 761150/07809 901008

**Saturdays 7.30am, 9.30am and 11.30am**  
Buttrills Community Centre, North Walk, Barry  
Martin 07827 445570

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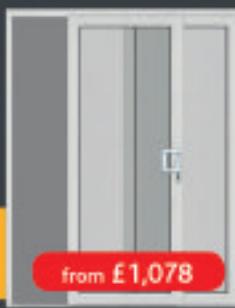


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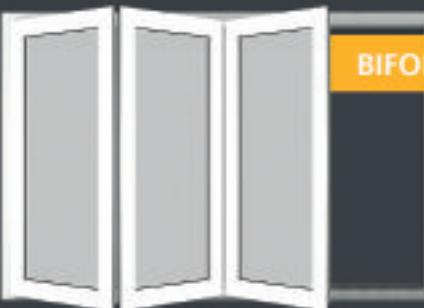


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## Banish the bleak mid-Winter by Sara Milne

COLOUR can be sadly lacking from gardens in January, but a simple way of bringing a little bit of sunshine back into the outdoors is by using containers packed with hardy plants that provide colour, texture and a good few weeks of interest.

Make sure you place them where they can be seen – in areas close to your home, in view of visitors or in places where they can be appreciated from the warmth and comfort of indoors – such as outside the kitchen window or on a window sill.

The upside of colder weather is that flowers last longer and even the humble evergreen such as bay, laurel or



A potted hellebore.

viburnum looks stunning edged with a touch of winter morning frost. Some of the best

winter and, outside of prolonged snow and rain, can survive into the spring.

*Helleborus niger* – also known as the Christmas Rose – is a stylish starting point and has a purity of colour that makes it ideal as a single planting or as a centre piece in a mixed container. It has clusters of saucer-shaped flowers in white, pink, green, mauve or smoky purple.

The winter flowering Viola (looking like a mini pansy) is a really cheerful choice for pots and planters and comes in a variety of colours from white through to yellow, orange, mauve, purple and blue.

Érica (also known as Heather) brings a hint of the highlands to any seasonal container with its stems of delicate flowers in white, pink,

red, magenta or purple. Before you get going on planting make sure you take on board these tips from the Royal Horticultural Society for growing in containers during winter:

Remember that plants grow very little in winter, so make sure you start with good-sized plants and use sufficient numbers of plants for the size of container to make an impact from the start.

Position your container where it will get as much light as possible during the winter months to ensure plant foliage remains green and healthy.

Water containers carefully in winter, making sure you check the compost regularly, as it can soon dry out in mild spells. Smaller plants are more susceptible to over or underwatering.

It is not necessary to feed container plants during the winter.

Raise containers off the ground on pot feet or bricks to aid drainage and help prevent the freezing conditions that cause pots to crack.

Choose frost-proof terracotta or containers made of plastic, fibreglass or wood. Use bubble wrap containers in severe weather to reduce damage to plant roots.

Then my eyes were opened to the world of

## Farming Matters

Column by Rachel Saunders, Farmers' Union of Wales

I CAN'T believe that this is my final column for 2017!



as we know the hard work that goes into producing it.

Looking ahead to 2018, I can assure members that the F UW will continue to be at the forefront of the fight to protect the interests of Wales' farming families and rural communities, while holding to account those who gave assurances and made promises to the industry ahead of the EU referendum.

I would like to thank all of our staff and officials for their continued effort and hard work throughout the year and each and every one of our members, who through their membership and support, contribute to a stronger, more successful voice for Wales' agricultural industry.

On a final note, I would like to remind members that the county office is closed from December 21 and will re-open on Tuesday, January 2. I wish you all a very merry Christmas and a happy New Year!

## BRAVO! CAN YOU HELP OSCAR FOXTROT HOME?

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If you would like more information on Oscar, then call into Dogs Trust Bridgend, CF31 4NG, call 01656 725219 or visit [www.dogstrust.org.uk](http://www.dogstrust.org.uk).



Rachel Saunders of the F UW.

farmers, especially over the Christmas period.

The mad rush by farmers to cram in as much work as humanly possible in one day in the hope that they could have a few hours off on Christmas Day was certainly a shock.

But it means that farming families appreciate family time together even more over Christmas, and isn't that what the festive season is all about. It also makes Christmas dinner taste that extra bit better

For all the latest news from your area over the festive period - [glamorgan-gem.co.uk](http://glamorgan-gem.co.uk)

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**C.R. JOSE CHIMNEY SWEEP**  
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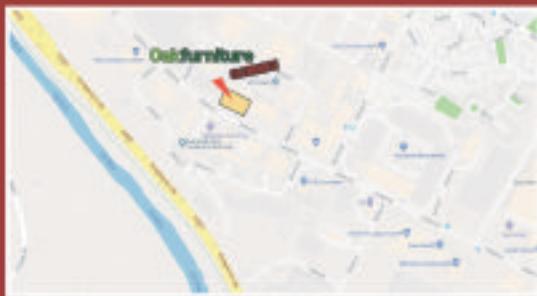
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Merry Christmas to all my clients

Thank you all for your great support again this busy year.

Peaceful New Year to you all, Roz  
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# Round Table's touch of Christmas cheer

ON December 16, Barry Round Table held an elderly people's dinner at Barry Town Football Club for those who spend Christmas alone or with little company.

The dinner, which was attended by 42 people, was funded by the generosity of the local people through a Local Giving Page and was supported by Barry Town Council, Barry Town Football Club, supermarkets and a host of local businesses.

Those attending received a three-course meal, live entertainment from a Vera Lynn tribute, a sing-along with pupils of Cadoxton Primary School and Bingo hosted by Barry Round Table Members. Each elderly person also received gifts donated by local supermarkets and businesses from Santa himself.

Barry Round Table chairman Anthony Price said: "During December we do a lot for the younger section of our community through our Barry Santa Sleigh, and our members felt that we should give back to those elderly people in the community who are the most lonely and vulnerable at Christmas."

He continued to say: "It was amazing to see so many people enjoy the dinner and we hope that we were able to create a Christmas to remember."

Barry Round Table now aims to make the dinner an annual event. Anyone wishing to support the event in 2018 is asked to email [barry@roundtable.org.uk](mailto:barry@roundtable.org.uk).

## Flying to Madeira is now a piece of cake!

FLYING from Cardiff Airport, travel company Super Break has added five new packages to its raft of short breaks for 2018-19.

Destinations comprise Malta, Montenegro, Madeira, and Iceland.

Whale watching and Northern Lights spotting are just two of the activities to take part in.

Search for 'Super Break' on the internet for more information.

Got a story?  
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# A Christmas message from the Vale Council leader...

I'd like to take this opportunity to wish all Vale residents a very happy Christmas and healthy New Year.

It has been a whirlwind first seven months as Leader of the Vale Council since the Conservative Party's success at the local elections back in May.

I must admit I've found it something of a culture shock splitting my time between the family business and the demands of heading an organisation that plays such an important role in all our lives.

Often that has meant very long days, chairing Council meetings and meeting with our partners in the private or voluntary sectors or attending Scrutiny Committees in the evening.

The run up to Christmas is another busy period, but hopefully there will be a little time to relax with the family over the festive period.

As I say, it has been a hectic second half of the year with many pressing issues to address so it was vital my colleagues in the Cabinet and I hit the ground running after the May elections.

I'd like to think in the short time we have been in control there has already been significant progress made in some of the areas that most affect Vale residents, and we will continue to fight for our communities amid challenging financial conditions in 2018.

One subject of major concern is the traffic situation in and around Dinas Powys. I'm sure most of us are aware of the problems of congestion in the area and that this is something that affects not only the village.

itself, but as the main transport link for the area, has consequences for the entire eastern Vale.

Residents' opinions have been canvassed on the matter, and having met with those living locally myself, I understand first hand just how concerned they are and fully appreciate why this subject generates such strong feelings.

It is a complicated issue, but after years of inaction, we have taken real strides to address the problem. Funding has been secured from Welsh Government for a scoping exercise and the second stage of work into exploring potential solutions is well under way.

Once the findings of studies that have been conducted are clear, I look forward to assessing the best way forward.

Elsewhere in the Vale, the Council is pressing ahead to spend money on road resurfacing at the Merrie Harrier junction on the edge of Penarth to improve the condition of this busy transport route.

Funding has also been gained from Welsh Government to investigate the possibility of improving access between the M4 and the Vale, potentially shortening journey times to the likes of Barry, the airport and St Athan and enhancing the County's appeal to investors.

This is an exciting initiative that could be hugely important for the Vale, possibly forming part of the Cardiff Capital Region City Deal, a £1.28 billion funding agreement with Welsh and National Government that will hopefully see large scale investment in the South East Wales area which should provide high quality job opportunities for Vale residents.

There will also be an opportunity for VMCE to build a community building and tied into the scheme is an opportunity for the Charter Trust to restore the historic town walls, something that can further add to Cowbridge's unique charm and appeal.

The wheels are

already in motion to make these ambitious plans a reality and we believe they will bring real benefits to residents, businesses and the wider

## VIEW FROM THE VALE



by Cllr  
**JOHN THOMAS**  
Leader of the  
**Vale of  
Glamorgan  
Council**

community.

With such significant projects on the horizon and a number of other exciting plans afoot, I think we can look ahead to the New Year with real cause for optimism.

August will see the first Brecon Carrig Barry Island 10k race staged around what, after long-term Council-led improvements, must now be recognised as one of the UK's premier seaside resorts.

Following a period of sustained work to upgrade the Island, this event will allow thousands from near and far to enjoy its facilities and showcase the range of attractions the location has to offer.

Such an event can help to grow Barry as a tourist destination, which of course has far-reaching positive consequences, not least for local traders and businesses.

Further evolution of the Island will see the old and unused public conveniences renovated and converted into a

## When a face rings not just a bell, but also alarms

**BACK in June this year South Wales Police (SWP) deployed Automated Facial Recognition (AFR) 'Locate' for the UEFA Champions League week in Cardiff.**

AFR Locate is a real-time solution which utilises live feeds from CCTV cameras based either at specific, fixed locations or cameras secured atop police vehicles to locate persons on prescribed watch lists.

SWP was the first force in the UK to have a positive match using AFR, leading to the arrest of a 34 year old man wanted on a recall to prison. On August 7, SWP went live with AFR 'Identify' which uses a static face search capability. AFR Identity allows officers to load images of persons of interest and compare them against our 500,000 custody images to see if there is a possible match on identification.

Between July 28 and December 12 this year

cluster of restaurants after plans were submitted to the Council by an experienced developer.

The former Good's Shed building on Hood Road in Barry is also set for redevelopment under plans to transform it into a range of pop-up cafes and bars.

That represents continued Council work at Barry's Innovation Quarter, and the waterfront area as a whole, following the success of the Hang Fire restaurant and Academy cafe bar. Both of those businesses occupy the old Pumphouse premises and are thriving there.

There are testing times ahead, with the Council having to deal with financial pressures and a decrease in the settlement provided by Welsh Government.

I have written to Welsh Government ministers on a number of occasions requesting 'fair funding' for the Vale as we continue to be one of the poorest funded authorities in Wales.

But with careful management, I'm confident the hurdles ahead can be overcome and we can all look to the future with real positivity.

Once again, may I offer you the warmest of season's greetings, and if you're looking for something to do on Boxing Day, a walk along our beautiful Heritage coast should blow out the cobwebs.

There have been positive matches against 191 occurrences using AFR

Identify.

Fifty charges and 12 arrests have been brought so far with eight prison sentences being handed down. The charges include theft, sexual offences, burglary, robbery and drug offences.

Alongside criminal investigations, the technology has helped officers with a non-suspicious sudden death where the identity of the deceased was unknown.

The AFR technology shows that it can assist officers not only in criminal enquiries, but also ones such as this when a person is either unconscious or deceased with no formal identification apparent. It can also help with identifying missing persons or those suffering from Alzheimer's or other similar health issues, which allow officers to safeguard the vulnerable, quicker.

Juliet Gardner

**WHILE we huddle round our fires this Christmas spare a thought for Vale endurance athlete Maria Leijerstam who really knows what it is like to spend the festive season in the coldest place on earth.**

Four years ago, 35-year-old Maria spent Christmas battling through snow, ice, crevasses and winds of 40 miles per hour in Antarctica in a solo attempt to be the first person in the world to cycle to the South Pole from the edge of the continent.

After 10 days of cycling in atrocious conditions with an aggravated knee injury, she claimed two world firsts ahead of two other male cyclists aiming for the titles.

## Warriors and Kings – Book review by Brian Lee

**AUTHOR** Martin Wall inherited a passionate interest in local history and folklore from his father and this interest shows through in his *Warriors and Kings – The 1500-Year Battle For Celtic Britain*.

For centuries, the Celtic people of Britain stood fast against invasion, oppression and war. Theirs is a fascinating and exciting story which birthed some of the most tenacious and heroic leaders from Caractacus to the legendary King Arthur.

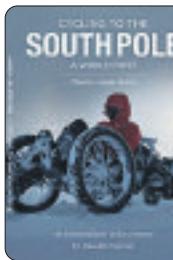
This hardback book examines these leaders and offers something different as the history of Celtic resistance has rarely, if ever, been the subject of one volume.

The BBC TV series *The Celts* has stimulated interest in this area and this fascinating book explores Celtic Britain from before the onslaught of the Roman Empire through rebellion and open war, to the Act of Union passed under the Tudor monarchs and on to the unforgiving industrialisation of the Victorian era.

Some 304 pages long with 40 illustrations the book is published by Amberley Publishing at £20.

Brian Lee

# Maria recalls spending Christmas at the bottom of the world...



I feared I did not have sufficient ice screws to hold my tent on pure ice in a severe storm. The lack of snow would mean I would have to dig up huge blocks of ice to lay on the valances to keep my tent rooted to the spot.

One moment the glacier seemed to tower down on me as angry as it had been in my nightmares and in another moment the ice looked smooth and the gradient shallow.

I realised that my vision was deceiving me and my ability to calculate depth was impaired. The glacier stretched 3,000 metres above sea level in an endless tail of ice that disappeared into the sky above.

Below is an extract from her journey...

"Avalanche after avalanche powering down the mountains throughout the day gnawed into my fears about my safety and the glacier climb ahead. My perception of distance was confused. The scale, magnificence and emptiness of the Transantarctic mountain range that lay to my right grew closer as I pedalled."

I thought about how both Scott and Amundsen would have arrived at its foot over a hundred years ago, and how they would have set about tackling the unknown.

The Beardmore glacier that Captain Scott had chosen and the Axel Heiberg glacier that Roald Amundsen had tackled, were steeper but shorter in distance than the Leverett glacier. They would have arrived at the mountain base with dogs and ponies. I was soon to arrive with my unusual looking, untested, Polarcycle.

For the first time on my journey I began to doubt the strength in my thighs, which I had worked so hard to build up over the last year. I took some comfort in the fact that my 985 watts of maximum power, that I had produced in my fitness testing, would go some way in helping me.

Testing my legs in a controlled environment was, however, no comparison to testing them on a glacier in Antarctica at minus 40 degrees.

My tyres were rumbling over hard packed ice, with the occasional layer of soft snow blown from a snowdrift. The strong winds, that regularly channelled down the glacier, produced exposed ice, making the possibility of pitching a tent more and more difficult.

**Read more of Maria's expedition in Cycling to the South Pole – a world first, available on Amazon books.**

AL

## Chapel carol concert



Barry Community Choir and the brass band led by Dr Haydn Jones.

**BARRY** Town Mayor Cllr Nic Hodges and Mayoress Cllr Shirley Hodges held a Christmas carol concert at Merthyr Dyfan cemetery chapel last weekend, welcoming guests including Barry Community Choir and a brass band led by Dr Haydn Jones of Dinas Powys.

Barry Town Council Mayor, Cllr Nic Hodges, thanked participants and guests for attending, saying: "This is the first time that we have held a Christmas Carol concert at the Merthyr

Dyfan Cemetery Chapel, a wonderful and intimate venue, and I was very pleased to see Barry Community Choir and the brass band led by Dr Haydn Jones perform once again."

All money raised at the event goes to the Mayor's charities – Ty Hafan and the British Heart Foundation.

The Merthyr Dyfan cemetery chapel will be open again for visitors on Christmas Eve, between 9am and 3pm, when the Friends of the Cemetery will be there where visitors can light a candle in memory of a loved one at the cemetery.

AS

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# Recliner Chair Centre



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For more than 40 years, Recliner Chair Centre has provided the UK with the highest quality motion furniture in vast choice of sizes and fabrics. The story behind the business reveals the true extent of first class customer service. Owner, Alun Williams says "I was one of the first to bring Rise and Recline Chairs into the UK and helped develop the product for a number of manufacturers in Wales and England. Our experience and knowledge means we claim to be the UK's leading independent showroom retailer - showing the differences and ranges of actions used on this type of chair"

"We started in COWBRIDGE in 1977. At that time most of our chairs were manufactured in Talbot

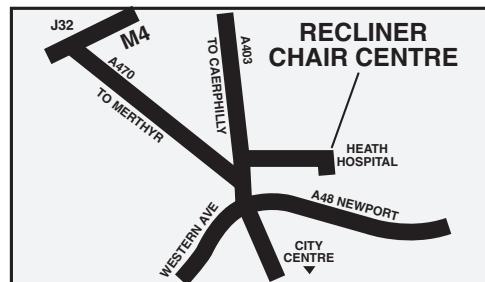
Green but we needed a showroom where customers could park on our forecourt, right by the door. We really found our spot in The Heath - on the exit from UHW. We bought the premises in 1983. The mortgage has been long repaid so with no lease costs our prices are most competitive! Sometimes, people are discharged from the hospital needing the help of a Lift Recliner urgently and this is where our huge range helps

us cope with **same day and next day delivery**. But, of course, most are made to our customer's order from the huge range of fabrics and leathers available. Many order another chair or sofa to match."

The floor area showcases over 100 products and more lift and recline chairs than anywhere else. "We used the opportunity to develop the building and move our focus to major brands. We embraced PARKER KNOLL, SHERBORNE, CELEBRITY and CINTIQUE but also stock other brands for optimum choice. Every chair has to 'earn its place' by showing a different variation of sizes and mechanisms. Lift and Recline Chairs now account for 80% of our business (a reflection of

how specialised this area is) and over the last six years we have also sold the Sherborne Motorised bed in all its variables. The bed essentially uses the same generic type of linear motors on which our expertise is founded - crossing the disciplines of engineering and upholstered furniture. I think this is why any new customer usually gives us a pyramid of recommendations and therefore further sales" says Alun.

Their genuine commitment to customer service is demonstrated and backed up with the fact that members of staff don't receive commission on sales. "We give the best advice we can, without any pressure. We hear of horrible customer experiences elsewhere. We hear of obscene prices and so called "free" offers. Mostly, we hear of problems when things go wrong because they can't get after sales support.....**Our customers tell a different story!**" Our team can offer their extensive knowledge. Sue has been here for 20 years and Chris for over a decade. It's in our nature to look after our customers. We've been here such a long time that we see people again and again over the years." adds Sue.



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# The Glamorgan GEM

## Season's Greetings

**Merry CHRISTMAS and a joyful NEW YEAR 2018**

**Andrew RT Davies AM**  
Leader of the Welsh Conservatives

If I can help you in 2017 please do not hesitate to contact me on 0300 203 6565 or Andrew.RT.Davies@Assembly.Wales  
[www.AndrewRTDavies.com](http://www.AndrewRTDavies.com)

**Ceidwadwyr Cymreig Welsh Conservatives**

# The festive season shows the best of community spirit

**T**HERE are certain things about The GEM's final edition of the year that you can safely predict.

You won't have to search too hard to find Santa appearing in a photograph.

Similarly, there may be one or two reports of concerts featuring Christmas music.

Choirs have been brushing up on 'God Rest Ye Merry Gentlemen' or 'Silent Night' – which makes a pleasant change from hearing 'American Trilogy' for the umpteenth time!

Another fairly recent innovation has been the Christmas Tree Festival, and it is a real Christmas bonus that so many of the beautiful churches in our area have a host of visitors who come along to enjoy the spectacle.

That is not to forget, of course, the contribution that those churches make to the true meaning of Christmas – although I suspect that congregations must sometimes feel they are fighting a losing battle against commercialisation!

There is another Christmas staple report that comes along to The GEM at this time of year – and it reflects the very best in society. There are so many

groups in the Vale and Bridgend county borough who perform a valuable function all year round.

There are U3As, WI's, Rotarians, Round Tables, Lions, Buff's and Soroptimists – to name just a few.

Whether some exist for the enjoyment or education of their members, or whether their raison d'être is to raise funds to improve society, at Christmas they all find their thoughts turning to how they can celebrate their relative good fortune by softening some of the hard blows that have laid fellow citizens low.

Not just fellow citizens, of course, the volunteers in the Vale Operation Christmas Child shoebox appeal recently sent the amazing total of 21,000 shoeboxes to eastern Europe.

Considering that the Vale has a population of around 129,000, that is a remarkable total that speaks volumes

about the community's values.

Here at The GEM, we receive plenty of reports about charitable projects that have borne fruit at this time of year, and it reflects so much that is good in society.

Similarly, so many groups give up their time to tackle that other great modern evil – loneliness.

When various groups – be they clubs, schools, choirs or any other – take the time to visit groups who may be isolated, it takes us all back to the days when there was a stronger sense of community.

At this time of year, we seem to get a lot of good news – and we enjoy being able to pass it on.

Bad news will always be out there, but sometimes it is good to celebrate the ties that bind society together!

PHILIP IRWIN

 The Llantwit Major Conservative Branch would like to wish everyone a very Merry Christmas and a Happy New Year

Thanks to all who supported the party in 2017

If you are interested in joining our group or just supporting our aims please call **01446 795367**

## Llantwit Major Town Council

Councillor Mrs Jayne



Norman, Town Mayor and all Town Councillors wish Llantwit Major residents and visitors a Happy Christmas and a Prosperous 2018

## Councillor Janice Charles

The Mayor of the Vale of Glamorgan Council extends

### SEASONS GREETINGS.

To all residents of the Vale of Glamorgan; May God's peace be in your hearts and homes this Christmas season and throughout the New Year.



Mae Maer Cyngor Bro Morgannwg yn ymestyn

### TYMHORAU CYFARCH.

I holl drigolion Bro Morgannwg. Bydded hedwch Duw yn eich calonau a chartrefi y tymor hwn y Nadolig a thrwy gydol y flwyddyn newydd.

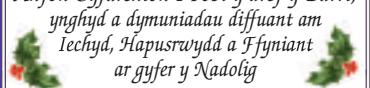
## BARRY TOWN COUNCIL CYNGOR TREF Y BARRI

The Town Mayor of Barry, Councillor **NIC HODGES** and members of the Town Council

send Greetings to the Townspeople of Barry together with sincere wishes for Health, Happiness and Prosperity for Christmas

Maer y Dref y Barri, Y Cyngor y Dref y Barri **NIC HODGES**

ac Aelodau'r Cyngor Tref y Barri Anfon Cyfarchion I bobl y dref y Barri, yngyd a dymuniadau diffuant am Iechyd, Hapusrwydd a Ffyniant ar gyfer y Nadolig



## JANE HUTT AM

Labour Assembly Member for the Vale of Glamorgan Would like to wish everyone a Merry Christmas and Happy New Year

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## JANE HUTT AC

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**01446 740981**

Cymorthfeydd rheolaidd a gynhelir ledled y Fro

## Llantwit First Independent Councillors



Would like to wish everyone a Merry Christmas & a Happy New Year

If you're interested in joining our group, or just supporting our aims, call  
**01446 793669**

Your Labour Councillors in the Vale of Glamorgan wish you a very Merry Christmas and a Happy New Year



Welsh Labour Llafur Cymru

Contact your local Councillors by writing to:  
The Labour Party, 115 High Street, Barry CF62 7DT.  
This greeting has been produced at no cost to the taxpayer.

# Fluffy toy donated to children's hospice



A CARDIFF care home has donated a toy dog to a children's hospice in the Vale for Christmas.

Tŷ Llandaff in Pontcanna presented the stuffed animal to Tŷ Hafan on December 18.

The care home also raised £100 for the hospice after coming up with a 'guess the name of the dog' competition. Staff bought names from a list with Tŷ Llandaff laundry assistant Gail Henderson guessing the name 'Freddie' correctly.

James Dhaled received the fluffy dog and cheque on behalf of Tŷ Hafan from Tŷ Llandaff care home manager Janice Evans.

## Curtain up at Barry's 'Small Space' venue

BARRY can now officially lay claim to Wales' 'smallest theatre' after a compromise was reached with the Vale planning department earlier this week.

'The Small Space', located on 5 Island Road, has finally been given the green light and plans to open in the New Year.

Owners and professional local magicians Bryan Gunton and Jasper Blakeley promise to showcase the best in magic talent from the UK and abroad.

Jasper told The GEM it had been a lengthy process: "At one point it was looking doubtful that we'd be allowed to change this little shop into a theatre, but with complete cross-party support and following Barry Mayor Nic Hodges calling the matter in front of the Vale planning committee, a solution was eventually found.

"It is now all hands on deck to put the finishing touches to the theatre and

Bryan is really pleased at the way it's all coming together and said: "Once the curtains went up it really started to feel like an amazing and intimate performance space. We can't wait to get going."

Tickets are available through [www.ticketsource.co.uk/the-small-space](http://www.ticketsource.co.uk/the-small-space) and more dates will be released soon.

### DROP-IN AT ST DONAT'S

ST DONAT'S Community Councillors are inviting all members of the community to attend a drop-in session to enable them to discuss concerns and aspirations for the place they live in.

The drop-in session has been arranged for Saturday, January 13 at 10.30am at the Horseshoe Inn, Marcross.

Your community councillors look forward to meeting you.



Hazel Davies and John Chown present the cheque for £1,000 to the Vale Foodbank in Barry.

## Rooms4U hands over cheque

ON December 18 the Vale Foodbank received £1,000 from the Rooms4U shared housing project following its Pat Chown award win.

Back in October Rooms4U, funded by Crisis UK, was recognised by Community Housing Cymru and awarded the Pat Chown Capturing Creativity award for finding innovative solutions to help people under the aged of 35 find a home.

Pat Chown gave a big part of her life to helping others, and the award in her memory came with a £1,000 prize. As this year's award-winner, Rooms4U elected to donate the prize money to the Vale Foodbank which has expanded throughout the

county, using five centres to distribute food parcels. John Chown, Pat's husband, was delighted to attend the cheque presentation, he said: "We felt that Rooms4U has had a real, positive difference on the lives of young people and were impressed at the thoughtful ways that the project was set up to help young tenants find housemates and the introduction of training and employment opportunities.

Rooms4U is hosted by Newydd Housing Association with support from the Vale Council, with the aim of providing young people with a solution to homelessness through shared housing.

AS

## Local young artists win Christmas card competition

THREE young artists from the Vale have won local MP Alun Cairns' Christmas card competition.

Beth Emerton, a year-6 pupil at Romilly Primary School, came in first place with her festive robin design. In second place was Amelia from Birch class at Llancarfan Primary School and in third was Melissa Cookson from Romilly Primary School.

Mr Cairns received nearly 1,000 entries this year from school pupils across the region. Beth's winning design will feature on the front of the MP's card with the two runner-ups' designs displayed on the back.

Every child who entered has been presented with a personalised parliamentary certificate featuring their own design. The winners also received a Big Ben ruler and pencil as well as a game of 'Uno' each.

Alun Cairns said: "I am very proud to be sending Christmas cards to my friends, family and colleagues with Beth's design on the front."

"There were so many



Romilly Primary School's Beth Emerton won the competition with her festive design.



### NFU ladies' Christmas!

A BIG thank you to the Reverend Victoria Ashley for the lovely carol service in Penllyn Church and her kind words at the sad loss of our member, Oenwen Jones.

At the Christmas party in the village hall, The Old Spice Barber Shop Quartet entertained us with a polished performance and a delicious buffet was enjoyed by all.

The next meeting is at 7pm on January 16 at Grove Park Golf Club for the annual dinner.

Happy Christmas to everyone from the NFU Ladies. RJE

Amelia from Llancarfan Primary School won second prize in the competition.

for all the latest news, sports reports, results, nativity photos, community news plus local advertisers with their latest offers and promotions. The site will be updated **ALL DAY, EVERY DAY** over the festive period.



We would like to wish all our readers and advertisers a very Merry Christmas and a Happy New Year

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**FENSA**



# Barry girl becomes Railway Chaplain

THE Railway Mission has appointed a 19-year-old Barry woman as its latest chaplain.

Hannah Tuck is the mission's youngest railway chaplain.

Founded in 1881, the Railway Mission has been supporting railway staff and members of the public affected by railway incidents for more than 136 years.

Hannah will be chaplain for the railway network for Wales and the Marches. She has been volunteering with 'St John Wales' since she was 12 years old.

She joined the organisation after she was treated for an injury by the charity at the Penarth Festival.

During her time with St John Wales, Hannah became first aid trained and was named 'County Cadet for Cardiff and the Vale', acting as a mentor and role model to other volunteers in the area.

She was doing all this while at the same time



Hannah Tuck.

acting as a young carer for her sister who has Down's Syndrome, and her mother who suffers from atrial fibrillation and migraines.

Hannah also received the 'Commandant in Chief Award' for acts of kindness, one of the highest awards available to a St John Cadet.

The mission says she will bring that same care, compassion and kindness to her role as railway chaplain for Wales and

the Marches.

Railway Mission executive director Liam Johnston said: 'Chaplaincy is not about age, but compassion and care for people.'

Hannah has demonstrated that through her childhood, she has always put others first and shown the care and love for others that makes her the ideal chaplain.'

Hannah's appointment was welcomed by the managing director of Arriva Trains Wales, Tom Joyner.

He said: 'We are delighted to be working closely with Hannah as the chaplain for Wales and the Marches and extend her a very warm welcome to the rail family.'

The Railway Chaplaincy service has helped many people – particularly after fatalities and other incidents.

It provides an essential service for our colleagues and customers and I'm sure Hannah will provide excellent support to those who need it.'

## Cruises on Balmoral cancelled for 2018

THE steamship *Balmoral*, a familiar sight in Penarth and Portcawl over many years, will not venture from her berth in Bristol in 2018.

Cruises next year have been cancelled as vital repairs need to be carried out.

Since 1986, *Balmoral*, along with *Waverley*, the world's last sea-going paddle steamer, has kept alive the nostalgic 200-

year-old tradition of cruising along the coasts of Britain.

The *Balmoral* is run by a charitable trust, and a £3.75m Heritage Lottery Fund bid has been submitted to secure the pleasure cruiser's long-term future.

Spokesman Dick Clague said: 'We have been aware for some time from our discussions with the Maritime and Coastguard Agency that substantial and costly improvements

to this would not only apply to future repairs but also means that previous repairs need to be removed and re-done. The cost of this work is included in our £3.75 million bid.'

'We had expected to be required to deal with the doubled plates issue immediately before the 2019 season but in the last few weeks the MCA have advised that they will not issue a passenger certificate until the work has been done.'

'We do not have the funds to undertake this work in time for the 2018 season, and until HLF funding becomes available (hopefully later next year) the work cannot be put in hand.'

*Balmoral* will therefore unfortunately not be able to sail in 2018.'

There is an ongoing £450,000 appeal. People can support it online at <https://mydonate.bt.com/donation/donate.html?charity=mvbalmoralfundl>

RP

## Candlelight service on Christmas Eve

ON Christmas Eve afternoon, families and children, are warmly welcomed to Christingle and 'Carols by Candlelight' at the beautiful church of Merthyr Dyfan, in Merthyr Dyfan Lane, Colcot, Barry.

Beginning at 2.30pm, and lasting for around one hour, this will be an opportunity, particularly for children, to experience the true spirit of Christmas in the beautiful setting of this ancient church, which is one of the oldest Christian sites in Wales believed to date from around the year 600AD.

All children at the service, will be given a Christingle – which is an orange, representing the world with a candle to show Christ as the light of the world.

Christmas services will be led by Father

Robert Parish, and the organist will be Barry-born Father Brian Taylor. Admission is completely free.

Pedestrian access to Merthyr Dyfan church is by the path that begins at the side of the Barry cemetery gates, and cars can drive down Merthyr Dyfan lane, access is from Port Road. There is free car parking at the church.

There will be a special welcome to all people who live on the Colcot estate, many who may never have visited their 'own' church.

The first Mass of Christmas will be celebrated at 8pm on Christmas Eve at St Paul's Church Hall, in St Paul's Avenue, Barry and on the morning of Christmas day, Carols and Sung Mass are at Merthyr Dyfan Church at 8.45am and at St Paul's at 10.15am.

There is also a volunteer website [www.mvbaulmoral.com](http://www.mvbaulmoral.com), MV Balmoral Fund Trustee Dave Bassett can be contacted at bassett.dave@yahoo.co.uk.

## Hugo's story is a reminder that 'pups aren't presents'

LAST November, Hugo, a beagle, was one of 96 puppies rescued by RSPCA Cymru and other agencies in a pre-Christmas operation.

The RSPCA is using Hugo's story to highlight the point that puppies should not be



were evident in both vehicles.

'Shockingly, in one

van, attempts had been made to conceal the transported puppies behind bales of wood shavings.

'After an initial veterinary inspection the puppies were returned to the Republic of Ireland, and into the care of the DSCPA.

'Thankfully, all bar one survived, and were happily re-homed – including beagle pup Hugo.'

The RSPCA emphasises that impulse puppy purchases are often not well-researched, and can unwittingly fuel the illegal puppy trade. AS

## Vale MP urges Welsh Gov't to give cancer patients in Wales 'parity with England'

VALE MP and Secretary of State for Wales Alun Cairns is calling on the Welsh Government to give Welsh cancer patients the same access to treatment already received by English patients.

Mr Cairns has

patients dying from HER2 negative incurable secondary breast cancer. The two drugs have been recently recommended by NICE to be made available on the NHS, however no information has yet been shared by Mr Gething as to whether or not Welsh patients will be able to receive this treatment.

Vale MP Alun Cairns said: 'Welsh cancer patients should not be at a disadvantage compared to those living across the border. Every second of life is precious to those with incurable cancer, as well as to their loved ones.'

'Therefore if there are drugs available which can extend these patients' lives, then it is only right that those in Wales have the same access as English patients.'

A Welsh Government spokesperson said: 'The Health Secretary has already written to the Secretary of State to explain that palbociclib and ribociclib will be available in Wales next month.'

'We are awaiting a decision from NICE on Perjeta. Since our New Treatment Fund was launched in January, we have drastically cut the timeframe for making recommended medicines available.'

## Farewell service at St Paul's church

EVERYONE who has had a family connection with the Barry Church of St Paul's is warmly invited to the farewell service on New Year's Eve.

St Paul's was the first Anglican church built for the new town of Barry in 1892 and many generations of families will have past and present members who have been in the congregation, sung in the choir, been altar servers and Mothers' Union members over all the 125 years.

The very last service begins at 10.30am on Sunday morning, December 31 and many from all the Anglican churches of Barry will be joining the St Paul's congregation for what will be a celebration of all the years, for all those who have attended St Paul's for christenings, confirmations, weddings, funerals and glorious services.

The land for the building of St Paul's was given by Lady Jenner of Wenvoe Castle and under the leadership of its famous Rector David Weatherill, established the tradition of 'High Church' services with beautiful ceremony, incense, many candles and outstanding singing.

Ever since the days of Father Weatherill, St Paul's stood for a tradition re-born of the Oxford Movement, which depends not on a love of what has been described as 'Technicolour' worship, not on a ceremony for ceremony's sake, but on a right understanding of God and the Sacrament of the Altar, with worship focused on beautiful and holy chancels and sanctuaries.

St Paul's Choir was of such a high standard that it was chosen to sing in London at the Festival of Britain in 1951. The Festival of Britain was similar to the Millennium celebrations and in London was built The Skylon and Dome of Discovery.

In 1956 the choir sang Choral Evensong for BBC Radio 3. This service is still broadcast every Wednesday today and as an example of the standard of St Paul's Choir, Choral Evensong is usually sung only by Cathedral choirs. A young member of St Paul's choir in those days was Robert Tear who became a tenor of

AS

international fame.

St Paul's Church contains a war memorial to all the past church members who lost their lives in the First and Second World Wars and one from the Korean War. Also displayed in St Paul's was the red ensign from the steamship *Trevera* which sank in the Indian Ocean.

The flag was rescued by the cabin boy, from Barry, and the flag presented many years ago by his mother, Mrs Dora Phillips. A beautiful memorial window in St Paul's is to the captain and crew of the liner *Royston Grange* destroyed by a fierce fire after collision in the River Plate in 1972. All officers and crew lost their lives.

Her captain was from Barry: Captain George Booth, and the window, presented by his wife, bears the inscription 'REMEMBER CAPTAIN GEORGE BOOTH & CREW OF THE ROYSTON GRANGE LOST WITH ALL HONOUR IN THE RIVER PLATE 1972 RIP.'

Immediately following the farewell service everyone can view a small exhibition of memories from past and present church members and St Paul's will remain open on Sunday morning until 1pm to view it. The display is being organised by Terry Sylvester whose grandparents attended St Paul's even before the church was built!

This was a 'tin church' known as the Iron Room, many of which were supplied in kit form to satisfy the urgent need for churches to serve expanding populations. The Sylvesters' family connection has continued through five generations; John Sylvester was a boy soloist in the choir in 1900 and his brother Victor Sylvester was church organist in the 1920s and three generations of current members of the family were in St Paul's choir.

St Paul's highly regarded last Rector is Father Robert Parrish who will continue to serve in the Barry Ministry area at Merthyr Dyfan Church and St Mary's, following the forced closure of St Paul's against all the wishes of its congregation, by the former Bishop of Llandaff and Archbishop of Wales, Barry Morgan. Further information from Terry Sylvester on 01446 745444. AS

## MP claims 'harassment forced him to move'

OGMORE MP Chris Elmore says MPs and councillors should be 'better protected from harassment by disgruntled voters and constituents'.

Mr Elmore said in a Commons debate on harassment that when he was a councillor in Barry, he had dog excrement pushed through his door and that 'people in public life need greater support to help them deal with issues of that kind'.

He told Home Secretary Amber Rudd that in the run-up to last year's by-election, in which he was elected in the Ogmore constituency, newspaper articles claimed that he did not live at the address at which he did live.

Mr Elmore said: 'Despite the Labour Party offering proof, without doubt, that I lived at my home address, articles were run saying I did not live there.'

'After my election I received countless numbers of tweets from people saying they were looking through my lounge windows to see

how my furniture was laid out. I lied to my partner – she now knows dog excrement through this – when I referred to the police, because I was terrified that to the police, she would want to move my door. This behaviour is not just linked to MPs, but to councillors too.'

Mr Elmore asked that constituents put up with all the scrutiny they

experiences as a receive from the written councillor in Barry, he and social media, are given support particularly if they are then elected to the Commons and have never experienced that type of abuse before.

## FoE meeting

THE next meeting of Barry & Vale Friends of the Earth will be on Tuesday, January 2, at 7.30pm in the Castle Hotel, Jewel Street, Barry.

He has refused to do this, so the AMs were presented with 100-plus signed letters from residents asking him to reconsider.

Natural Resources Wales (NRW) is now in the process of its final consultation on the incinerator. This only lasts for a few weeks so we would ask members of the public to join DIAG and FoE in objecting to an operating licence being granted.

Let's hope 2018 is a peaceful, greener year. Keith Stockdale, Barry & Vale FoE coordinator

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## Family Notices

## CASWELL

## Barbara Janet (née Cotterell)

Suddenly on 12th December at her home, Duffryn Crescent, Bryncae, Llanharan, Jan, dearly loved wife of the late Ken. Much loved mother of Graham and Gareth, mother-in-law to Jayne and Ben. Loving nana to Laura, Abigail and Sophie.

*Jan will be sadly missed by all her family and friends.*

Funeral Thursday, 28th December. Service at St. Crallo's Church, Coychurch at 12 noon, followed by interment at Llanharan Cemetery at 1pm. Family flowers only, donations in lieu may be made to Cancer Research Wales c/o Mel & Ron Watkins Funeral Services, 2, Hilda House, The Square, Pencoed, Bridgend, CF35 5NP. Tel: 01656 860545.

## BAKER

## Basil Stuart

Peacefully passed away at the University Hospital of Wales, Basil, aged 98, well known for his time as a coalman at W. Baker & Sons, Barry. Adored husband of the late Mabel, cherished dad of Hilary and Ray and dad-in-law of Liz and the late Dave. Adored gramps to Michelle, Katie, Katrina, Christopher and Leigh and great gramps to Will, Gabrielle, Finley and Macie.

Service to take place at All Saints Church, Park Road, Barry on Thursday, 28th December at 10.45am, followed by cremation at Cardiff & Glamorgan Crematorium, Port Road, Barry. Family flowers only. Donations, if desired, may be made at the service or via Basil's online tribute page at www.valefuneralservice.co.uk - all donations to support RNIB in memory of Basil. Funeral Arrangements entrusted to Lyndsay J Ellis 01446 407962.

## JONES

## Oenwen Mary

Peacefully on Sunday, 10th December at her home, Bryn-Glan Farm, Coychurch, Oenwen, beloved wife of the late William (Bill), much loved mother of John and Rhoswen, mother-in-law of Philip. Loving grandmother to Grace, Alexandra and Victoria.

*Will be sadly missed by her family and friends.*

Resting at the Private Funeral Home of W. James & Sons, Fonmon. Funeral Thursday, 28th December, service and interment 12 noon at St Mary's Church, Coity, Bridgend. Family flowers only, donations, if desired, to Marie Curie c/o the funeral director.

## LEWIS

## Mary

Peacefully on 11th December at home, Mary of Hendre-Owen Farm, Llanharan, beloved wife of the late Trevor, devoted mother of Carolyn, Derek, Anne, Diana and Peter and a very proud mother-in-law, grandmother and great grandmother.

Resting at the Private Funeral Home of W. James & Sons, Fonmon. Funeral service to be held at Coychurch Crematorium on Tuesday, 2nd January at 1.15pm. No flowers by request.



## THOMAS

## Glenys Marlene (née Davies)

Peacefully on Tuesday, 12th December 2017 at Llandough Hospital, Glenys of The Larches, Ystradwern (formerly of North Larches and Cwm Parc, Rhondda). Much loved wife of Gwyn, loving aunt of Jeremy, proud great-aunt of Hannah and Claire. Dear sister of the late Joan and sister-in-law to the late Howard.

*Glenys will be greatly missed by all her family and friends and will be remembered for her charity work with Tenovus.*

Funeral Friday, 22nd December. Service and cremation at Coychurch Crematorium at 1.15pm. Family flowers only, donations if desired may be made to Alzheimer's Society c/o Mel & Ron Watkins Funeral Services, 2, Hilda House, The Square, Pencoed, Bridgend, CF35 5NP. Tel: 01656 860545.

## JONES

## Patricia Margaret (née Haig)

Peacefully, on 7 December at UHW Cardiff, Patricia Margaret (Pat, also known as Mary), aged 81 years of Park Road, Barry.

Dearly loved wife of Malcolm. A loved mother of Michael, David and mother-in-law of Suzanne and Catherine. Cherished grandmother of Emily, Jordan, Elan, and Jude.

*Pat will be sadly missed by all of her family and friends.*

Resting at A.G. Adams Funeralcare, Gladstone Road, Barry. Funeral service and committal at Cardiff & Glamorgan Crematorium, Port Road East, Barry where family and friends please meet on Wednesday, 27 December at 2pm. Family flowers only. If desired, donations may be handed to the funeral director after the funeral for N.S.P.C.C.

## GRAY

## Clifford Thomas (Cliff)

Peacefully on 15th December 2017, surrounded by his loving family, Clifford Thomas Gray, aged 82 years. Partner of Nickie and beloved husband of the late Iris, adored father of Stephanie, Jacqueline and Michael. Respected father-in-law and friend of Dave, Alun and Rebecca. Devoted grandfather and great grandfather, brother of Michael and Sandra.

*Much respected and admired by all.*

Resting at A.G. Adams Funeralcare until the service on Friday, 29th December at Salem Baptist Church at 2pm, followed by committal at Cardiff & Glamorgan Crematorium. Family flowers only, donations in lieu, if so desired, for Marie Curie Hospice Penarth c/o the funeral director.

## BLACKLOCK

## Mary Edith

Peacefully on the 6th December, Mary passed away at Milsom House Nursing Home, St Athan, aged 103 years. Beloved wife to the late Frank, loving mother to David, Arthur and William. Dearly loved by their partners, the grandchildren and great grandchildren.

*She will be sadly missed by all her loving family and friends.*

Resting at W.A. Brown Funeralcare, Llanwit Major until the service at St Illtud's Church, Llanwit Major on Friday, 5th January 2018 at 10.30am and afterwards at Coychurch Crematorium, Bridgend. Family flowers only please, donations, if wished, to St Illtud's Church c/o funeral directors (cheques only please, payable to Llanwit Major Church).

## Acknowledgements

## HEWITSON

## Norma Jean

Brian and family would like to thank all who attended Norma's funeral and for the cards, messages and tributes for a very special lady.

It is comforting knowing that Norma was clearly loved and respected by so many. Special thanks to Dr Harfoot and staff at Waterfront Medical Centre, district nurses and carers who all showed such love and compassion for Norma during her long illness and who were a great support to Brian and Donna.

Thanks also to Robert Johnson Funeral Directors for their professional services, Father Kevin Lake for his kind words and beautiful service and to the Park Hotel.

Donations of over £600 were received in memory of Norma for Alzheimer's UK. Norma will be missed deeply but has left us all with memories to treasure. *Sleep tight.*

## In Memory

## BIRD

## Eric Osborne

4.4.1938 - 23.12.2014

*To the world you are one person, To one person you are the world.*

*Loved and missed always, Judy, Simon, Sara-Jayne & Sam.*

XXXX

## In Memory

*Christmas Memory Wishes to our dear grandson*

## Jordan Montgomery

*All our love always, Nan & Gramps Crout.*  
XXX

## In Memory

## ADAMS

## Edward Howell

of Cross Farm, Pentre Meyrick  
Three years on, we know you're up there with Ronald Arthur putting the world to rights.  
*God Bless.*

All our love as always  
Paul, Charlotte, Chloe, Lily and William.

## Karl Williams

28 June 1974 - 20 July 2000

*The moment that you died, our hearts were torn in two. One side filled with heartache, the other died with you.*

*We hold you tightly within our hearts, and there you will remain.*  
Merry Christmas, lots of love and kisses  
Mum, Dad, Kris, Gemma, Curtis and Lacey.  
XXX

Also, remembering Leighton Batt, Richard & Dolly Pycroft, all Hazel's brothers and sisters and their partners.  
XXX

## Birthdays

## Congratulations

## Rhiannon Gill

## Happy 18th Birthday!

on 24th December

Love Nan & family  
XXX



## Craig Orchard

19/07/84 - 25/12/15

*It's our second Christmas without you, Time slips by and "life" goes on, But from our hearts you're never gone.*

*Forever in our broken hearts, Mum, Dad, Rhian, Bobo, your family & friends*  
XXX

Happy 18th Birthday

Chloe Eve England

December 24th

Have a great day.  
All our love, mum, Paul, Lily, William & family.

18!

## JAMIE ADAMSON

(25.12.98 - 20.01.04)

*The five short years you stayed with us were filled with love and joy, I'll always take it as a gift you chose to be my boy*

*On Christmas Day we'll stand with you not grieving and not sad, but thinking of the laughs you gave as our mischievous lad*

*Your memory will never fade and there could be no other, that made us both so proud to be your loving Dad and brother*

XXXXX

*Lots of love on your 19th birthday, Dad, Sam Nanny Joy, Paps, Denise and all your family in Wales & Sussex.*

The Jamie Adamson Memorial Fund (J.A.M. Fund) charity would like to thank all those who have continued to support us during a difficult year.

Wishing the people of Barry and the Vale a very Merry Christmas and Happy New Year and sending special thoughts and wishes to those children and their families who may be in hospital over the festive period, with hopes of a speedy recovery x

www.jamfund.co.uk

## Birth Announcement

## Congratulations

## Tristan &amp; Ning Francis

on the birth of

## Benedict Robert Lei

on Thursday 7th December 2017

A little brother for Vincent, Talia and Sebastian

With much love from Nanny & Grandad, Nathan, Hannah, Libby, Eloise & Edward, Aaron, Julia, Jotham & Helene & Great Nanny Faith xxxx

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Situations Vacant, Family Notices,  
Birthdays, Anniversaries, etc.

Call Sue on 01446 774484.

email:

sales@glamorgan-gem.co.uk

## Anniversary

**Happy Anniversary!**

**Peggy & Les Hall**  
23 December  
Congratulations on 74  
wonderful years of wedded bliss

\* Fondest love, Patricia, Derek &  
family and Maggie & family xxx

## Seasons Greetings

**Chris and John Boucheron**

Would like to wish all friends and family a Merry Christmas and a Happy New Year.

A donation will be made to the Stroke Association in lieu of Christmas cards.

## Public Notice

## Goods Vehicle Operator's Licence

Glyn Gibson trading as Draintech Surveys Ltd of Atlantic House, Charnwood Park, Bridgend CF31 3PL is applying to change an existing licence as follows. To keep an extra 1 goods vehicles and 0 trailers at the operating centre at **Atlantic House, Charnwood Park, Bridgend CF31 3PL**. Owners or occupiers of land (including buildings) near the operating centre(s) who believe that their use or enjoyment of that land would be affected, should make written representations to the Traffic Commissioner at Hillcrest House, 386 Harecrest Lane, Leeds, LS9 6NR, stating their reasons, within 21 days of this notice. Representatives must at the same time send a copy of their representations to the applicant at the address given at the top of this notice. A Guide to Making Representations is available from the Traffic Commissioner's office.

## Seasons Greetings

**Marsh Babs and John**  
and all the family would like to wish all our friends, relations and carers

**\*A very Merry Christmas and a Happy New Year.**

**Mary Bacon**

would like to wish family, friends and neighbours

**A Merry Christmas and a Happy New Year.**

**Chris Watson Christmas Notice**

Wishing family, friends and neighbours a very Merry Christmas and a Happy and Healthy New Year.

All donations go to Parkinson's disease in memory of Brian in lieu of cards.

**Eileen and Tony Bennett**

would like to wish their family, friends and neighbours a

**Wonderful Christmas & a Happy New Year**

**Howard & Marilyn Hellyar**

would like to wish family, friends, neighbours and fellow bowlers a **VERY MERRY CHRISTMAS & A HAPPY, HEALTHY, NEW YEAR.**

**Alan & Loena Sheppard/Owls4U**

We wish all our friends in Barry and the Vale

**Happy Christmas and a Wonderful New Year**

A donation to 617 Group in lieu of cards

## Situations Vacant



**Barry Town Council** is the largest Town Council in Wales and is expanding its staffing to meet its statutory functions, strategic ambitions and support its mission of 'Creating an inclusive community for the wellbeing of all residents in Barry'.

Full details of our vacancies can be found on our website [www.barrytowncouncil.gov.uk](http://www.barrytowncouncil.gov.uk) or call us for an application pack on 01446 738663.

## Planning Officer

Barry Town Council is a statutory consultee on Planning Authority decisions. We are looking for a Royal Town Planning Institute member to provide planning advice to the Council on planning applications and all matters relating to planning policy including development of a Place Plan for the Barry area.

10 hrs per week, permanent (start date 1st February 2018)

Grade 9 SCP 34 - 37 (£30,153 - £32,486 pro rata)

Please note the closing date for all applications is 15 January 2018 at 4pm.

Interviews will be held on 22 January 2018 at Barry Town Council Offices.



**Cyngor Tref Y Barri** yw'r Cyngor Tref mwyaf yng Nghymru ac mae'n ethanu ei staffio er mwyn cyflawni ei swyddogaethau statudol, dyheadau strategol ac i gefnogi ei genhadaeth i 'Greu cymuned gynhwysol er lles holl drigolion Y Barri'.

Mae manylion llawn ein swyddiweigion i'w gweld ar ein gwefan [www.barrytowncouncil.gov.uk](http://www.barrytowncouncil.gov.uk) neu ffonio'n ni i gael pecyn cais ar 01446 738663.

## Swyddog Cynllunio

Mae Cyngor Tref Y Barri yn ymgynghorai statudol ar benderfyniadau'r Awdurdod Cynllunio. Rydym yn chwilio am aelod o'r Sefydliad Cynllunio Treftadaeth a'i roi cyngor cynllunio i'r Cyngor ar geisiadau cynllunio a phob mater mewn perthynas a pholisi cynllunio, gan gynnwys datblygu Cynllun Bro ar gyfer ardal y Barri.

10 awr yr wythnos, parhaol (dyddiad cychwyn 1af Chwefror 2018)

Gradd 9 SCP 34 - 37 (£30,153 - £32,486 pro rata)

Sylwr mai'r dyddiad cau ar gyfer pob cais yw 15 Ionawr 2018 am 4pm.

Cynhelir cyfweiliadau ar 22 Ionawr 2018 yn Swyddfeydd Cyngor Tref Y Barri.

There's lots more online...



## AM backs Pass Wide and Slow campaign



*Jo Lovell and Rachel Francis discussing the campaign with Andrew RT Davies AM.*

**THE campaign led by a group of Penarth ladies to improve road safety for horse riders has unveiled some exciting new plans.**

Pass Wide and Slow recently presented its petition [see the GEM, October 26] to the National Assembly for Wales calling for better driver awareness of the dangers riders face on the roads.

They now want to take the matter further and have the issue debated in the Senedd.

South Wales Central AM Andrew RT Davies – who chairs the Assembly's Cross Party Group on Horses – met up with Jo Lovell and Rachel Francis from the campaign at Jo's Penarth home.

He has now entered the ballot for a

Short Debate and also plans to table a Backbench Debate to ensure the campaign is discussed by AMs in the Senedd.

Mr Davies said: "It was great to meet up with Jo and Rachel again and discuss their exciting plans for Pass Wide and Slow.

"The petition was a great success but this must only be the start. We now need to ensure AMs and Welsh Government Ministers realise how vital it is action is taken to make our roads safer.

"I'm delighted to offer support and have entered the ballot for a Short Debate in the Assembly.

"In the New Year I will also look to build cross-party support for a backbench motion to be debated in the Senedd."

## Cancer Research Wales seeks new fundraisers

## WALES' cancer research charity, Cancer Research Wales, is calling on people in Wales to form a fundraising team in their local area and help the charity continue its work in the fight against cancer.

Founded in 1966 by a small group of professors based at Velindre Hospital in Cardiff, Cancer Research Wales has since grown to become a major force in the discovery of new treatments for cancer here in Wales, by making discoveries and developing new treatments for cancer in hospitals and research centres across Wales.

More recently the charity announced the results of an immuno-therapy trial which will extend the lifespan and improve the quality of life for some cancer patients in Wales.

The charity is now appealing to the people of Wales to continue their fundraising efforts and join the charity's fundraising team to help raise money in their local areas to fund the work the charity does. Katie Killoran, fundraising manager at Cancer Research Wales said: "We are very fortunate to already have so many supporters, from varied backgrounds across Wales. Supporters have different reasons that inspire them to for fundraise for our charity; some have had their lives affected by cancer in some way or have had a personal experience with it and are motivated to support a charity that directs all its donations to the research projects that are being run right here in Wales."

If you are interested in joining the Cancer Research Wales fundraising team, then contact [crw@wales.nhs.uk](mailto:crw@wales.nhs.uk), visit [cancersearchwales.co.uk](http://cancersearchwales.co.uk) or call on 029 2031 6976.

**THE Right Reverend The Bishop of Llandaff June Osborne** (left in the above photograph) visited the Senedd for the first time since she became bishop.

As well as a touring the Senedd, she met Vale AM Jane Hutt, and staff, and discussed her new role with Ms Hutt.

For all the latest news from your area - [glamorgan-gem.co.uk](http://glamorgan-gem.co.uk)

# A FESTIVE GIFT – A SECOND WIN OF SEASON FOR QUARKS!

FOR the Barry Chess Club, only the Quarks played this week in Division 3 of the East Glamorgan Chess League.

This was their last match this year as the division has reached the

halfway stage. The next round of matches takes place in January.

However with the return of Rhys Steele from his studies at Oxford at least we were able to field a strong player on board 1.

Rhys duly gave us a victory. Sam White also

## Tim's across the card double

'HAVE horses will travel' is certainly the motto of Vale trainer Tim Vaughan.

On Monday, December 18, Tim sent

four horses on the 400-mile journey to Musselburgh in Scotland

and won with one of them when his five-year-old

Oxwich Bay, ridden by Adam Wedge, landed the maiden hurdle in good style from Minella Scamp.

Oxwich Bay, which had finished runner-up in its previous three outings, was an odds-on favourite.

BRIAN LEE

LooksNowtLikeBrian, a 3-1 shot, partnered by champion jockey Richard Johnson, was an easy winner of the two miles, five furlong novices chase.

Also at Ffos Las,

Llancafnan's Evan Williams' five-year-old

Fraser Canyon, a 9-2

chance, won by a short

head from Lady London in the three miles handicap hurdle under Alan Johns.

Then, at Ffos Las, his

six-year-old

First, Glyn Williams and Vida Halford, 62.12 per cent; second, Debbie and Simon Richards, 59.26 per cent; third, Barrie Waite and Graham Norris, 57.18 per cent.

LE

RESULTS

THE results for the Vale of Glamorgan Bridge Club for December 18 are as follows:

First, Glyn Williams and Vida Halford, 62.12 per cent; second, Debbie and Simon Richards, 59.26 per cent; third, Barrie Waite and Graham Norris, 57.18 per cent.

## Barry and District Ladies Skittles League results

WEEK commencing December 11:

Division 1 - Family & Friends 259 (R.Cummings 28), Barry Stars 208 (N.Jones 29); Allsorts 257 (C.Newell 27), Sea View Gals 260 (L.Phillips & J.Richards 24); Colcot Ladies 245 (K.Miller 27), Red Admiral 257 (S.Hayes 30); Space Finders 343 (M.Rees 38), Cadoxton Con Fillies 302 (L.Old 37).

Division 2 - Rollers Coasters 233 (C.Thomas 26), Castle Bandits 209 (J.McAndrew 26); Airways Angels 251 (A.Sales & B.Collins 27), Rhoose Starlights 269 (G.Richardson & P.Tutnutt 29); Special Angels 246 (B.Taylor 25), Sea View Lights 116 (A.Bird & G.Douglas 22).

Division 3 - Rebels 218 (S.Williams 25), After Eights 201 (E.Carmichael 27); Little Devils 252 (J.H.Jones 32),

Rugby Triers 247 (E.Nicolaou 28); Persuaders 242 (M.Whitehurst 25); Hillbillies 214 (H.Collins 28); Sea View Ladies 280 (W.Norman & G.Davy 29); Westenders 285 (J.Sommers 40); Merry Makers 187 (R.Collins & H.Duddridge 20); Etcetera 164 (R.Dyke 22); Uptown Girls 233 (K.Richardson 25); Dolly Mixtures 219 (S.Hughes 27).

Division 4 - Witches 243 (R.Pope 28); Twilights 209 (C.Brown 24); Livin on a Spare 320 (A.Finn 35); Guardian Angels 217 (T.Mountjoy 32); Nite Outers 244 (V.McCoan 26); Socialites 194 (S.Marks); Optimists 195 (S.Hayne 24); Liberals 228 (S.Andrews & G.Sheir 23).

The committee would like to wish all the ladies in the Skittles League a very happy Christmas and a happy new year.

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Was £9,495  
Now £8,692



AUDI A3 2.0 TDI SPORT 5D 148 BHP

Audi A3 Sportback Sport, fully serviced with new MOT, fantastic family car. A/C, alloys, 2 keys, nav, prep, 6 speed gearbox and many more options. blue, 1 owner.

Was £8,795  
Now £7,998



CITROEN DS3 1.6 E-HDI DSTYLE PLUS 3D 90 BHP

One owner, 21000 miles, full service history and MOT'd until September 2018. A/C, cruise control, alloys, leather steering wheel, remote locking.

Was £9,795  
Now £8,720



NISSAN JUKE 1.2 ACENTA DIG-T 5D 115 BHP

One owner, 24000 miles, full service history and MOT'd until September 2018. A/C, cruise control, alloys, leather steering wheel, remote locking.

Was £6,499  
Now £5,850



FIAT 500 1.2 COLOUR THERAPY 3D 69 BHP

Bright red with red dash. One owner, 34000 miles, full service history, low mileage, chrome wing mirrors and trims, remote locking, low insurance.

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Now £6299+vat



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Great little van, only 28000 miles from new, one owner, full service history.

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Now £5699+vat



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## The Barry and District League tables and results

### CRIB DIVISION 1:

4; West End C 1, Savoy A 4. League table: Harbour B 54, Savoy A 45, Wyndham Cons A 36, Cadoxton Cons Z 35, Cadoxton Cons B 33, West End C 29, Services Social B 23, Liberators 21, Rhoose Social B 20, Savoy B 20, Penarth Cons A 19.

### SKITTLES DIVISION 1:

Sea View B 7, Rhoosesters 0; Slammers 5, Liberals A 2; Allsorts 6, Barry Town FC 1; Rhoose Social C 2, Rhoose Social A 5; West End D 6, Cambrian Flyers 1; Liberals C 2, Rugby Club 5.

League Table: Rugby Club 56.5, West End D 54.5, Sea View B 49, West End C 47.5, Slammers 47, Rhoosesters 45, Allsorts 42, King William XII 41, Rhoose Social C 40, Rhoose Social A 39, Rhoose Social B 38, Liberals A 34, Barry Town FC 33, Liberals C 30.5, Cambrian Flyers 24. \*Barries Boys 16.

### SNOOKER DIVISION 2:

Sully Sports A 3, Harbour A 2; Cadoxton Cons A 2, West End A 3;

Market Street C 0, Cadoxton Misfits 5; Rhoose Social C 3, Wyndham Cons D 2; West End B 3, Market Street B 2.

League table: Cadoxton Misfits 45, Rhoose Social C 37, Market Street B 35, Penarth Cons B 32, Cadoxton Cons A 31, Harbour A 29, Wyndham Cons D 29, Market Street C 29, West End A 27, West End B 26, Sully Sports A 25 (\* = points deducted).

All league and cup fixtures and results at [www.barryleagues.co.uk](http://www.barryleagues.co.uk) and on Facebook - search for 'bARRY LEAGUES'.

JW

## LOSING RUN CONTINUES FOR PENCOED RFC

### PENCOED RFC embarked

on the long, scenic route to Builth Wells with full intentions of halting a run of two defeats.

On 10 minutes, Builth had an attacking lineout. They set up a driving maul and proceeded to trundle over the line for the opening score; the conversion failed.

Builth increased their lead with a penalty on 36 minutes. Pencoed finished the half on the attack which eventually led to Rhys Clarke squeezing over in the corner. The conversion fell agonisingly short to leave a half-time score of 8-5.

The second half could not have started worse for Pencoed. With barely three minutes on the clock Builth created an overlap on their blind side resulting in their second try. Again, the conversion was missed.

With typical "never-say-die" attitude, Pencoed finished the game in search of another all-important second score.

Through a combination of resolute defence and errors, Pencoed were not able to trouble the scorers leaving a full-time score of 13-8.

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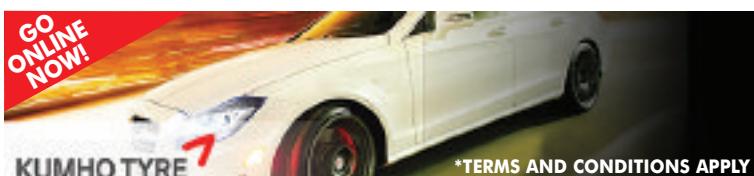
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16 16 BMW X5 30D M Sport XDRIVE 5dr automatic, 20"alloys, surround view, sat nav, reverse camera, white, full leather

15 65 MERCEDES E220 CDI BlueTEC AMG Night Edition 7G-Tronic plus Estate, Mercedes warranty Sep 2018, sat nav, DAB, Bluetooth, choice, full leather



14 64 NISSAN QASHQAI 1.5 DCI Acenta Premium 5dr, pan roof, sat nav, reverse camera, Bluetooth, 24k, choice

14 14 TOYOTA VERSO 1.8 V-Matic Icon M-drive S 5dr automatic (7-seater) reverse camera, Bluetooth, cruise, silver



13 13 FORD FOCUS 1.6 TDCi Zetec S 5dr, 17"alloys, Bluetooth, white

14 64 BMW 420d M Sport Gran Coupe automatic, 19"alloys, sat nav, Bluetooth, 16k, estoril blue, full ivory leather



14 64 CITROEN DS3 1.6 E-HDI DSTYLE + 3dr, 17"alloys, cruise, Bluetooth, black

14 14 BMW 116d Sport 3dr, Bluetooth, privacy glass, 30k, white



14 64 MERCEDES GLA220 CDI AMG Line 5dr 4-Matic, 18"alloys, reverse camera, 27k, white, half-leather

16 66 FORD MONDEO 2.0 TDCi Titanium 5dr Powershift, Ford warranty Nov 2019, sat nav, cruise, Bluetooth, 11k, magnetic grey



16 66 MERCEDES C300h Sport Premium Estate auto, Mercedes warranty Dec 2019, pan roof, privacy glass, reverse camera, 19k, black, full leather

13 63 BMW 320d M Sport GT 5dr, 19"alloys, Harman kardon, cruise, pdc, 36k, white, full leather



15 65 RANGEROVER EVOQUE 2.2 ED4 SE 5dr, Landrover warranty Dec 2018, 18"alloys, privacy glass, 17k, white, full leather

15 65 BMW 320d BluePerformance M Sport 4dr, BMW warranty Sep 2018, M Sports+ package, sat nav, 19"alloys, Harman kardon, black, full leather

15 15 AUDI A1 1.6 TDI SE 3dr, Audi warranty July 2018, DAB, USB, 19k, black	£10995
14 64 AUDI A3 1.2 T FSI Sport 5dr S-Tronic, Bluetooth, DAB, AMI, 23k, black	£13495
16 16 AUDI A3 1.6 TDI Quattro Sport 4dr, Audi warranty April 2019, sat nav, Bluetooth, 18"alloys, 13k, white	£17495
12 61 AUDI A3 2.0 TDI S-Line 5dr, 18"alloys, Bluetooth, 45k, white, half leather	£9495
14 64 AUDI A3 2.0 TDI S-Line 2dr Cabriolet, 19"alloys, sat nav, 13k, white, full leather	£12495
14 14 AUDI A4 2.0 TDI SE Technik 4dr, sat nav, cruise, 39k, grey, full leather	£24995
16 66 AUDI A5 2.0 TDI Black Edition Plus Quattro 5dr S-Tronic, Audi warranty, Oct 2019, sat nav, 19"alloys, 12k, misano red, full leather	£24995
14 64 AUDI A6 2.0 TDI Ultra Black Edition 4dr, 20"alloys, sat nav, heated seats, 40k, Daytona grey, full leather	£17495
15 65 AUDI A7 3.0 TDI Ultra SE Executive 5dr S-Tronic, Audi park system plus, cruise, 19"alloys, heated seats, black with full leather	£23495
15 65 AUDI TT 2.0 TDI Sport Ultra 3dr Coupe, Audi warranty Sep 2018, 18"alloys, Bluetooth, 3k, white, half leather	£20995
09 59 BMW 116 2.0 D Sport 5dr, 17"alloys, USB, silver	£5495
12 62 BMW 116 D EfficientDynamics 5dr, Bluetooth, PDC, deep sea blue	£8495
14 64 BMW 116 D EfficientDynamics 5dr, sat nav, xenons, pdc, heated seats, 16k, vlaencia orange with full leather	£12995
15 15 BMW 116 2.0 D Sport 5dr, BMW warranty April 2018, sat nav, cruise, PDC, red	£11995
16 66 BMW 116 D M Sport 5dr, BMW warranty Oct 2019, sat nav, 18"alloys, Bluetooth, grey	£15495
13 13 BMW 118 2.0 D Sport 2dr convertible, 18"alloys, heated seats, carbon black with full oyster beige leather	£12795
15 15 BMW 118 2.0 D Sport 5dr, BMW warranty April 2018, sat nav, sport plus pack, 18"alloys, 28k, red	£12995
14 14 BMW 120 D M Sport 3dr (184bhp) sat nav, xenons, 18"alloys, estoril blue, full leather	£13995
14 14 BMW 120 D SE 5dr (184bhp), Harman Kardon, pdc, dab, Bluetooth in red	£9995
14 64 BMW M135 3.0 M Sport 3dr (320bhp) widescreen sat nav, 25k, white, with full red leather	£17995
14 64 BMW 220 i Sport 2dr coupe (184bhp), cruise, bluetooth, DAB, 28k, white	£14995
16 16 BMW M235i 3.0 2dr convertible, BMW warranty March 2019, sat nav, PDC, silver, full leather	£24995
14 64 BMW 220 D M Sport 2dr (190bhp), sat nav, 18"alloys, Bluetooth, privacy glass, M rear spoiler, 38k, choice, full leather	£16795
10 10 BMW 318 2.0 D M Sport 4dr, 17"alloys, Bluetooth, bluewater	£7495
11 61 BMW 318 DES 4dr (143bhp), 18"alloys, privacy glass, Bluetooth, silver	£7495
14 64 BMW 318 D Sport 4dr, sat nav, 18"alloys, Bluetooth, 37k, liquid blue	£14495
14 64 BMW 318 D M Sport Estate automatic, Bluetooth, 19"alloys, 19k, estoril blue, full leather	£17995
15 15 BMW 320d EfficientDynamics BluePerformance Business Edition 4dr, BMW warranty June 2018, 18"alloys, sat nav, 15k, black, full, oyster leather	£16995
17 17 BMW 320d BluePerformance M Sport 4dr auto, BMW warranty March 2020, Sport + pack, pro nav, heated seats, Bluetooth with wireless charging, 8k, full leather, estoril blue	£23495
16 16 BMW 335d M Sport XDRIVE 4dr auto (313bhp), BMW warranty Sep 2018, pro nav, 19"alloys, 21k, red, full leather	£20995
16 16 BMW 330 E Sport 4dr automatic Start/Stop, sat nav, cruise, pdc, 8k, choice	£20995
17 17 BMW 320d BluePerformance M Sport 4dr auto, BMW warranty April 2019, cruise, Bluetooth, 8k, blue	£13995
16 16 BMW 330d M Sport XDRIVE 4dr auto (313bhp), BMW warranty March 2019, 19"alloys, sat nav, 9k, choice, full leather	£22995
17 17 BMW 330d M Sport 4dr automatic Start/Stop, sat nav, cruise, pdc, 8k, choice	£22995
14 14 BMW 320d Sport XDRIVE 4dr, sat nav, bluetooth, 17"alloys, 28k, choice	£13995
15 15 BMW 330d M Sport XDRIVE 4dr auto (313bhp), BMW warranty Sep 2018, 19"alloys, 21k, red, full leather	£20995
16 16 BMW 330 E Sport 4dr automatic Start/Stop, sat nav, cruise, pdc, 8k, choice	£20995
17 17 BMW 320d BluePerformance M Sport 4dr auto, BMW warranty March 2020, Sport + pack, pro nav, heated seats, Bluetooth with wireless charging, 8k, full leather, estoril blue	£23495
16 16 BMW 335d M Sport XDRIVE 4dr auto, BMW warranty March 2019, 19"alloys, sat nav, 9k, choice, full leather	£22995
17 17 BMW 330d M Sport 4dr automatic Start/Stop, sat nav, cruise, pdc, 8k, choice	£22995
14 14 BMW 420 D Sport convertible, 18"alloys, cruise, Bluetooth, heated seats, 27k, white, full leather	£11995
14 64 BMW 420 D M Sport Gran Coupe automatic, 19"alloys, sat nav, Bluetooth, 16k, estoril blue, full ivory leather	£19995
15 15 BMW 420 i Sport Gran Coupe 5dr, 19"alloys, widescreen sat nav, heated seats, 21k, in white with full black leather	£20995
15 15 BMW 420 D Sport 2dr coupe, BMW warranty March 2018, 18"alloys, Bluetooth, black, full leather	£16995
15 15 BMW 420 D M Sport 2dr convertible auto, BMW warranty Sep 2018, 19"alloys, head-up display, 25k, grey, full beige leather	£23995
15 15 BMW 420 D M Sport XDRIVE 2dr coupe (M Performance body kit) BMW warranty April 2018, sat nav, 20"alloys, 22k, silver, full leather	£21995
16 65 BMW 420 D M Sport 2dr automatic (190 BHP), M sport plus pack, 19"alloys, Harman Kardon, wide screen nav, full leather, 24k, red	£20995
15 65 BMW 420 D Sport XDrive 2dr auto (190bhp), M sport plus pack, widescreen sat nav, 19"alloys, 17k, choice	£21995
14 64 BMW 430 D M Sport 2dr coupe auto (258bhp), BMW warranty Oct 2017, sat nav, 19"alloys, 17k, choice, full leather	£21995
15 15 BMW 430 D Luxury Gran Coupe 4dr automatic, BMW warranty May 2018, electric glass sunroof, sat nav, Harman Kardon, 34k, grey, full leather	£20995
14 64 BMW 435 D XDRIVE M Sport 2dr auto (313bhp), BMW warranty Dec 2017, sat nav, 19"alloys, xenons, silver, full red leather	£23495
12 62 BMW 520 D M Sport 4dr automatic, sat nav, 18"alloys, 45k, black, full oyster leather	£14495
15 15 BMW 520 D M Sport Estate automatic, BMW warranty April 2018, pro nav, 18"alloys, 31k, black, full leather	£18995
15 15 AUDI 520 D M Sport 4dr automatic, sat nav, 18"alloys, black, full leather	£16995
15 65 BMW 520 D M Sport 4dr Auto, BMW warranty Sept 2018, sat nav, harman kardon, 19"alloys, 18k, choice, full leather	£19995
15 65 BMW 520 D M Sport 4dr (190) automatic, BMW warranty Oct 2018, sat nav, bluetooth, choice, full leather	£16995
15 65 BMW 520 D M Sport Gran Turismo 5dr auto, BMW warranty Dec 2018, 20"alloys, sat nav, 21k, white, full leather	£23995
16 16 BMW 535 D M Sport 4dr auto, BMW warranty April 2019, M Sport plus pack, sat nav, 19"alloys, electric sunroof, 10k, white	£20995
13 13 BMW 640 D SE 2dr coupe automatic, 20"alloys, soft close doors, reverse camera, sat nav, 31k, blue, full leather	£20995
14 64 BMW 640 D M Sport coupe 2dr automatic, 20"alloys, pan roof, reverse camera, sat nav, 22k, choice, full leather	£20995
15 64 BMW 640 D M Sport Coupe 5dr auto, sunroof, M Sport plus pack, 20"alloys, sat nav, 11k, full leather, choice	£27995
15 65 BMW 640 D M Sport Gran Coupe 4dr automatic, BMW warranty Nov 2018, 20"alloys, sat nav, head-up display, 19k, full leather, choice	£29995
16 16 BMW 740 D M Sport XDRIVE 4dr automatic (315 BHP), BMW warranty June 2019, Premium package, 20"alloys, head-up display, electric glass sunroof, 18k, white, full leather	£45995
14 63 BMW X1 XDRIVE18D X-Line 5dr, 18"alloys, heated seats, 15k, silver, full leather	£14995
14 14 BMW X1 XDRIVE 2.0 D X-Line 5dr automatic (184bhp), 18"alloys, heated seats, 27k, black with full leather	£15995
14 14 BMW X3 20D SE XDRIVE 5dr automatic, pro nav, 17"alloys, grey, full leather	£16495
14 64 BMW X3 20D M Sport XDRIVE 5dr automatic, sat nav, DAB, pdc front & rear, silver	£18995
15 15 BMW X3 30D M Sport XDRIVE 5dr automatic, BMW warranty May 2018, panoramic roof, pro nav, 20"alloys, 23k, red, full ivory white leather	£28995
16 16 BMW X4 30D X-Line XDRIVE 5dr auto, BMW warranty May 2019, sat nav, heated seats, DAB, 26k, white, full leather	£27995
14 14 BMW X6 30D XDRIVE 5dr automatic, dynamic pack, black, full oyster leather	£24995
14 64 CITROEN GRAND C4 PICASSO 1.6 E-HDI Aircross Exclusive + 5dr (7-seater) pan roof, sat nav, met blue	£11495
12 62 CITROEN DS3 1.6 E-HDI Aircross DSTYLE Plus 3dr, cruise, 17"alloys, 45k, bronze with white mirror caps and roof	£5995
15 65 CITROEN DS3 1.6 BlueHDI DSTYLE 3dr, Citroen warranty Nov 2018, sat nav, cruise, Bluetooth, 10k, black	£7995
16 16 DS 4 1.6 BlueHDI Crossback 5dr, Citroen warranty April 2019, sat nav, reverse camera, 18"alloys, met red, half leather	£11995
14 14 FIAT 500L 1.3 MultiJet Diesel Pop Star 5dr, air-con, cruise, alloys, Bluetooth, 33k, red	£6495
15 65 FORD ECOSPORT 1.0 T EcoBoost Titanium 5dr, Ford warranty Nov 2018, 17"alloys, cruise, 11k, choice, full leather	£9795
15 65 FORD FIESTA 1.0 T EcoBoost Red Edition 3dr, Ford warranty Oct 2018, 17"alloys, privacy glass, Bluetooth, 13k, choice	£9995
16 66 FORD FIESTA 1.6 EcoBoost ST200 3dr, sat nav, rear camera, heated seats, 7k, grey	£15495
17 17 FORD FIESTA 1.6 EcoBoost ST-3 3dr, Ford warranty April 2020, heated seats, cruise, Bluetooth, 5k, spirit blue, half leather	£14995
16 66 FORD FIESTA 1.5 TDCi Zetec 5dr, Ford warranty October 2019, DAB, Bluetooth, USB, choice	£8995
14 14 FORD FOCUS 1.0 T EcoBoost Zetec 5dr, appearance pack, 17"alloys, Bluetooth, silver	£7495
16 16 FORD FOCUS 1.0 ecoBOOST Titanium 5dr, Ford warranty April 2019, cruise, Bluetooth, 8k, blue	£11495
16 66 FORD FOCUS 1.0 ecoBOOST Zetec S 5dr automatic, Ford warranty Oct 2019, DAB, Bluetooth, 10k, white	£12995
15 15 FORD FOCUS 1.6 Zetec 5dr automatic, Ford warranty Aug 2018, DAB, alloys, Bluetooth, grey	£9495
15 15 FORD FOCUS 1.5 TDCi Zetec S 5dr, Ford warranty July 2019, sat nav, Bluetooth, 23k, white	£11295
14 64 FORD FOCUS 2.0 TDCi Zetec S 5dr powershift automatic, sat nav, Bluetooth, 24k, white	£10495
15 15 FORD FOCUS 2.0 TDCi Titanium X 5dr automatic, sat nav, cruise, heated seats, met red, half-leather	£11495
17 16 FORD FOCUS 2.0 TDCi ST-3 5dr, Ford warranty Feb 2020, sat nav, 19"alloys, DAB, 10k, white, full leather	£19995
14 14 FORD KUGA 2.0 TDCi Zetec 5dr, Ford warranty April 2019, sat nav, reverse camera, 17k, red	£10495
14 14 FORD KUGA 2.0 TDCi Zetec 5dr powershift automatic, sat nav, Bluetooth, metallic blue	£10495
14 14 FORD KUGA 2.0 TDCi Titanium X 5dr AWD, pan roof, 19"alloys, heated seats, 13k, deep impact blue, full leather	£16495
15 15 FORD KUGA 2.0 D Sport 2dr coupe (190 BHP), Ford warranty July 2018, pan roof, 19"alloys, 28k, black, full leather	£16995
15 65 FORD KUGA 2.0 TDCi Titanium 5dr (Appearance Pack) Ford warranty Oct 2018, cruise, 23k, black, half leather	£13995
17 17 FORD KUGA 2.0 TDCi Titanium 5dr, Ford warranty April 2020, sat nav, Bluetooth, cruise, 8k, white	£17995
14 64 FORD MONDEO 2.0 TDCi Titanium X Business Estate Powershift automatic, sat nav, cruise, Bluetooth, heated seats, blue with full leather	£10995
16 16 HONDA CIVIC 1.4 V-TEC Plus 5dr, Honda warranty May 2019, sat nav, reverse camera, 17k, red	£11995
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14 64 HYUNDAI IX35 1.7 CRDI Premium 5dr, Hyundai warranty May 2018, sat nav, sunroof, cruise, silver, half leather	£10495
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16 16 JAGUAR F-Pace 2.0 i4D R-Sport AWD 5dr, Jaguar warranty Sep 2019, sat nav, 19"alloys, 15k, met red, full leather.....	£31995
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15 15 JEEP RENEGADE 2.0 MultiJet Trailhawk 5dr auto 4WD, sat nav, cruise, pdc, heated seats, 12k, white with full leather.....	£16995
17 17 KIA OPTIMA 1.7 CRDI 2 Estate ISG, Kia warranty April 2024, sat nav, cruise, Bluetooth, 492 miles, black.....	£17495
15 65 KIA SORENTO 2.2 CRDI KX-2 AWD 5dr (7-Seater), sat nav, 18"alloys, side steps, cruise, reverse camera, heated seats, black, full leather.....	£16995
15 15 KIA SPORTAGE 1.7 CRDI 1 ISG 5dr, Kia warranty March 2022, cruise, Bluetooth, USB, 22k, white.....	£12995
14 14 KIA SPORTAGE 2.0 CRD KX-4 AWD 5dr automatic, panoramic roof, sat nav, cruise, black with full leather.....	£14995
14 14 KIA SPORTAGE 2.0 CRD KX-3 AWD 5dr, Kia warranty June 2021, panoramic roof, sat nav, heated seats, choice, full leather.....	£14995
15 65 KIA SPORTAGE 2.0 CRD KX-2 AWD 5dr, Kia warranty Oct 2022, panoramic roof, pdc, 20k, white, half leather.....	£13995
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13 13 MERCEDES A180 CDI BlueEfficiency SE 5dr, sat nav, cruise, 38k, red.....	£11995
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16 65 MERCEDES A180 D Sport 5dr & G-DCT automatic, reverse camera, full leather, choice.....	£14995
16 65 MERCEDES A180d AMG Line Executive 5dr, Mercedes warranty Feb 2019, sat nav, heated seats, 16k, met blue, half leather.....	£17495
14 14 MERCEDES B180 CDI Sport 5dr 7G-DCT, 18"alloys, reverse camera, 35k, grey, full leather.....	£12995
14 63 MERCEDES B200 CDI SE 5dr, sat nav, PDC, white.....	£10995
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13 63 MERCEDES E300 CDI Bluetec Hybrid AMG Sport Estate 7G-Tronic Plus, sat nav, parktronic, heated seats, silver with half-leather.....	£16995
14 64 MERCEDES GLA220 CDI AMG Line Premium Plus 5dr 7G-DCT 4Matic, pan roof, 19"alloys, reverse camera, 26k, choice, half-leather.....	£22995
16 16 MERCEDES GLC250d Sport (Premium) 4MATIC 5dr 9-G, Mercedes warranty June 2019, sat nav, panoramic roof, reverse camera, Bluetooth, black, full cream leather.....	£30995
14 64 MERCEDES SLK250 CDI BlueEfficiency 2dr convertible 7G-Tronic Plus, airscarf-neck level heating, Bluetooth, iridium silver, full leather.....	£14495
16 66 MINI CLUBMAN 2.0 D COOPER 6dr, sat nav, chilli pack, 10k, white.....	£15495
14 14 MINI COOPER 1.5 D 3dr Start/Stop, chilli pack, cruise, Bluetooth, in blue with white roof and mirror caps.....	£8995
15 15 MINI COOPER 1.5 3dr (TLC & Chili Pack) Mini warranty April 2018, 16"alloys, DAB, 18k, volcanic orange.....	£11495
15 15 MINI COOPER 1.5 D 5dr, chilli + media XL + TLC pack, sat nav, cruise, Bluetooth, dark half-leather, 19k, choice.....	£10995
15 65 MINI COOPER 1.5 5dr (Media XL, TLC & Chili Pack) Mini warranty Sep 2018, sat nav, 16"black alloys, 22k, black.....	£12495
16 66 MINI COOPER 1.5 D 5dr (Media XL & Chili pack) MINI warranty Sep 2019, sat nav, Bluetooth, black, half leather.....	£13495
11 61 MINI COOPER 2.0 D 2dr convertible automatic (chilli pack) Bluetooth, 17"alloys, 35k, white.....	£8995
14 64 MINI COOPER 2.0 COOPER S 3dr (TLC Pack)(192bhp), JCW bodykit, Harman Kardon, 17"black alloys, 16k, volcanic orange, half leather.....	£13995
16 65 MINI COOPER 2.0 SD 5dr (170bhp), chilli pack, sat nav, cruise, Bluetooth, DAB, 9k, choice.....	£12995
16 66 MINI COOPER 2.0 SD 3dr (170 bhp), chilli pack, Mini warranty Oct 2019, sat nav, DAB, USB, 17"alloys, 8k, black, half leather.....	£13995
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15 65 MITSUBISHI OUTLANDER 2.2 DI-D GX3 5dr (7-Seater), cruise, pdc, Bluetooth, 9k, black.....

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15 65 NISSAN JUKE 1.5 DCI Tekna 5dr, Nissan warranty Nov 2018, sat nav, reverse camera, 13k, red, full leather.....

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£8995

14 64 NISSAN QASHQAI 1.5 DCI Tekna 5dr, 19"alloys, sat nav, reverse camera, pan roof, 23k, choice, full leather.....

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14 14 NISSAN QASHQAI 1.6 DCI Tekna 5dr X-Tronic automatic, sat nav, pan roof, cruise, Bluetooth, heated seats, 18k, in mocha with full leather.....

£14995

15 65 NISSAN QASHQAI 1.6 DCI N-TEC+ 5dr, Nissan warranty Sep 2018, sat nav, reverse camera, grey.....

£14995

16 16 NISSAN X-TRAIL 1.6 DCI Acenta 4x4 5dr (7-seater) Nissan warranty April 2019, pan roof, cruise, 12k, black.....

£16495

14 14 PEUGEOT 108 1.0 Active 3dr, Bluetooth, DAB, USB, 19k, silver.....

£4995

14 65 PEUGEOT 108 1.0 Active 3dr, Peugeot warranty Dec 2018, DAB, Bluetooth, 18"alloys, blue.....

£5995

14 64 PEUGEOT 108 1.2 VTi Pure Tech Feline 3dr, DAB, reverse camera, privacy glass, 25k, black, full leather.....

£6495

16 66 PEUGEOT 208 1.6 BlueHDI Allure 5dr, Peugeot warranty Nov 2019, Bluetooth, DAB, alloys, 10k, blue.....

£8995

15 65 PEUGEOT 5008 1.6 BlueHDI Active 5dr (7-seater) Peugeot warranty Nov 2018, cruise, 17"alloys, 14k, grey.....

£10995

12 62 PEUGEOT RCZ 1.6 THP Sport 2dr coupe, 18"alloys, cruise, Bluetooth, 42k, grey.....

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11 11 RANGEROVER 3.6 TDV8 Vogue SE 5dr automatic, electric sunroof, sat nav, xenons, 20"alloys, full leather.....

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15 64 RENAULT CAPTUR 1.5 DCI Dynamique S Media 5dr, Renault warranty Feb 2018, sat nav, PDC, cruise, 17k, choice.....

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15 15 RENAULT CAPTUR 1.5 DCI Energy Dynamique 5dr, Renault warranty Aug 2018, sat nav, 26k, black, full two tone leather.....

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13 63 RENAULT CLIO 1.5 DCI Energy Dynamique MediaNav 5dr, sat nav, 16"alloys, 27k, black.....

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14 64 RENAULT MEGANE 1.5 DCI Energy GT Line Tom Tom 2dr Coupe, sat nav, Bluetooth, 35k, blue, half leather.....

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15 65 RENAULT SCENIC Xmod 1.6 DCI Energy Dynamique 5dr, Renault warranty Oct 2018, sat nav, PDC, met red.....

£8995

16 16 SEAT LEON 1.2 TSI SE Sport Coupe 3dr, Seat warranty Aug 2019, cruise, Bluetooth, USB, 5k, red.....

£9995

16 66 SKODA OCTAVIA 2.0 TDI SE 5dr, Skoda warranty Dec 2019, sat nav, Bluetooth, DAB, 7k, choice.....

£12495

17 17 SKODA OCTAVIA 2.0 TDI SE L Estate, Skoda warranty July 2020, sat nav, Bluetooth, DAB, only 700 miles, met blue.....

£16995

14 64 TOYOTA AYGO 1.0 VVT-i 5dr, Toyota warranty Dec 2019, USB, PAS, 34k, white.....

£4995

16 65 VAUXHALL ASTRA 1.4 T SRI 5dr (150bhp), Vauxhall warranty Feb 2019, 17"alloys, cruise, Bluetooth, white.....

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17 17 VAUXHALL ASTRA 1.6 CDTI Elite 5dr, Vauxhall warranty April 2020, sat nav, heated seats, 7k, silver, full leather.....

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15 15 VAUXHALL ASTRA GTC 2.0 CDTI SRI 3dr, cruise, Bluetooth, 18"alloys, 23k, white.....

£9495

17 17 VAUXHALL INSIGNIA 1.6 CDTI SRI VX-Line Nav 5dr, Vauxhall warranty April 2020, sat nav, 19"alloys, 2k, met blue.....

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15 15 VAUXHALL MOKKA 1.7 CDTI SE 5dr automatic, cruise, Bluetooth, heated seats, full leather, black.....

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15 15 VAUXHALL MOKKA 1.7 CDTI ecoFLEX Techline 5dr 4WD, sat nav, cruise, PDC, 24k, silver.....

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13 13 VW CC 2.0 TDI BlueMotion Tech 4dr DSG automatic, sat nav, 17"alloys, 20k, black.....

£11995

15 65 VW GOLF 1.4 TSI BlueMotion Tech GTE 5dr DSG, VW warranty Oct 2018, 18"alloys, cruise, Bluetooth, privacy glass, 20k, silver.....

£21495

12 12 VW GOLF 1.6 TDI BlueMotion Tech SE cabriolet, cruise, pdc, 31k, black.....

£8995

14 64 VW GOLF 2.0 TDI BlueMotion Tech GTD 5dr DSG auto, 18"alloys, cruise, Bluetooth, 29k, white, full leather.....

£15995

13 13 VW SCIROCCO 2.0 TDI BlueMotion Tech 3dr, sat nav, 18"alloys, 32k, black, full leather.....

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15 15 VW TIGUAN 2.0 TDI BlueMotion Tech 4Motion 5dr, VW warranty May 2018, sat nav, pdc front & rear, 29k, black.....

£13995

15 65 VW TIGUAN 2.0 TDI BlueMotion Tech R-Line Edition 4Motion 5dr DSG automatic, VW warranty Dec 2018, 18"alloys, PDC, 29k, white, full leather.....

£18995

14 64 VOLVO S60 2.0 D4 SE 4dr (181bhp), sat nav, cruise, dab, heated seats, 37k, black.....

£11995

16 66 VOLV V40 2.0 D2 R-Design Pro 5dr, Volvo warranty Dec 2019, sat nav, 18"alloys, 8k, white, full leather.....

£14995

16 16 VOLV XC60 2.4 D 5dr R-Design 5dr automatic AWD, sat nav, cruise, Bluetooth, heated seats, black, half-leather.....

£22495

11 11 VW GOLF 2.0 TDI GTD 5dr (170bhp), 17"alloys, privacy glass, 49k, black

£10995

15 15 AUDI A6 2.0 TDI Ultra S-Line 4dr, rear DVDS, sat nav, 19"alloys, bose, Daytona grey, pdc, white

£17995

£20995



13 63 AUDI Q3 2.0 TDI SE Quattro 5dr, sat nav, 17"alloys, 15k, white

£16995



14 64 BMW X4 20D X-Line XDRIVE 5dr, sat nav, privacy glass, 18"alloys, blue, full leather

£7495



13 13 NISSAN JUKE 1.5 DCI Tekna 5dr, sat nav, reverse camera, choice, full leather

£16495



15 15 JAGUAR XE 2.0 TD Prestige 4dr, sat nav, heated seats, 30k, met red, full leather

£22995



16 66 VOLVO XC60 2.4 D4 SE Lux Nav Estate 4X4 Gearbox, Volvo warranty Sep 2019, sat nav, 15k, silver, full leather

£9995



11 11 AUDI A5 2.0 TDI S-Line Cabriolet, sat nav, cruise, black, full leather

£14495



14 64 JAGUAR XF 3.0 TDV6 Luxury 4dr automatic, sat nav, cruise, 30k, white

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15 15 JAGUAR XE 2.0 TD Prestige 4dr, sat nav, heated seats, 30k, met red, full leather



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10 AUDI TT 1.8 FSI **Convertible** In white, 43,000 miles, very nice example ..... £10,995

06 LEXUS i250 **Advance Automatic** In met grey with cream leather, only 19,000 miles from new, drives superb, sat nav and bluetooth ..... £10,995

11 AUDI A1 S-Line 1.4 TFSI **Automatic** Black with silver trim, 43,000 miles, very nice example ..... £10,695

14 SKODA Octavia 1.6TDI CRS Elegance **Auto** 5-Dr In white/black leather, 45,000 miles, sat nav ..... £9,995

12 BMW X1 XDrive 2.0 DSE In met red, black interior, 66,000 miles, **diesel** 4x4 ..... £9,995

11 VOLKSWAGEN Touran 1.6 TDI SE Blue-Tech In met blue, 63,000 mile, **diesel** 7 seater ..... £9,995

64 RENAULT Captur Dynamique Media Nav 0.9cc In Arizona orange, 3,000 miles, low tax ..... £9,695

15 CITROEN C4 Cactus 1.2 Flare Pure Tech In white, 19,000 miles, under manufacturers warranty ..... £9,295

63 NISSAN Juke 1.6 Acenta In white, 16,000 miles and very nice throughout ..... £8,995

64 PEUGEOT 2008 EVTi 1.2 Active **Automatic** In silver, 22,000 miles ..... **REDUCED BY £500 TO £8,495**

62 HYUNDAI i40 Blue Drive Style 1.6 CRDI Estate In met blue, 57,000 mile, £30 road tax ..... £8,495

11 AUDI A1 1.6 TDI Sport 3-Dr In black, 46,000 mile, £20 road tax, very nice example ..... £8,495

65 VAUXHALL Corsa 1.4 Limited Edition 3-Dr In red with black roof, 13,905 miles, 1 owner ..... **REDUCED BY £500 TO £7,995**

13 VOLKSWAGEN Caddy-Max C20 Kombi 1.6 TDI In white, 90,000 miles, 5 seater with side windows ..... £7,995

13 HONDA Jazz 1.3 i-VTEC ES **Automatic** In red, 17,000 miles from new ..... £7,995

62 NISSAN Juke 1.5 DCI Visia In silver, 35,000 miles, very nice example ..... £7,995

12 MINI Cooper Chili 1.6 **Diesel** In red with white roof and mirrors, 27,000 miles high spec ..... £7,995

14 CITROEN DS3 1.6 Style met blue/grey roof, 15,000 miles, 1 owner, fantastic example ..... **REDUCED BY £500 TO £7,495**

10 FORD S-Max 2.0 TDCi Zetec **Automatic** In black, 68,000 miles, **diesel** 7-seater ..... **REDUCED BY £1000 TO £6,995**

64 SUZUKI Swift 1.2 SZL 3-Dr In black with white roof, 19,000 miles, 1 owner ..... **REDUCED TO £6,995**

63 VOLKSWAGEN Polo Match Edition In black, 56,000 miles, 1 owner, bluetooth, cruise etc ..... £6,995

63 RENAULT Clio 1.5DCi Dynamique Nav-Energy 5-Dr In met red, 49,000 miles, free road tax ..... £6,995

13 MINI One 1.6 In red, 31,000 miles, 1 owner with alloys, climate, pepper pack ..... **REDUCED TO £6,995**

63 FORD Fiesta 1.6 **Diesel Eco Style 5-Dr** In red, 11,000 miles, 1 owner ..... £6,995

12 HONDA Jazz 1.3 i-VTEC ES **Automatic** In black, only 27,000 miles ..... £6,995

11 VOLKSWAGEN Golf 1.4 TSi Match 3-Dr In black, 63,000 miles, alloys, a/c etc ..... £6,995

09 AUDI A4 2.0 TDI SE 4-Dr In met blue, 53,000 miles, 2 owners ..... £6,995

08 AUDI A3 S-Line 1.9 TDI **Convertible** In aruba blue with leather, sat-nav etc, 95,000 miles ..... £6,995

07 AUDI TT Convertible 2.0 TFSI 6-Speed In silver with tan leather, 95,000 miles ..... £6,995

63 VAUXHALL Astra 1.4 Excite 5-Dr In silver, 41,000 miles, 1 owner ..... £6,795

63 CITROEN DS3 1.6 HDI Style-E In encre met with white roof, 52,000 mile **diesel** hatch, free road tax ..... **REDUCED BY £500 TO £6,495**

14 PEUGEOT 208 Active 1.0 5-Dr In silver, 24,000 miles free road tax ..... **REDUCED BY £300 TO £5,995**

63 DACIA Sandero 1.5 DCi Laureate In met blue, 41,000 miles, 1 owner with sat nav ..... £5,995

63 FIAT 500 1.2S In white, 21,000 miles, alloys, a/c, sports seats, low road tax ..... £5,995

60 MERCEDES A160 Blue-Efficiency Elegance In silver, 37,000 miles, 2 owners ..... £5,995

09 SEAT Leon 2.0 TDI FR 5-Dr In red, 53,000 mile hot hatch at ..... £5,995

13 FIAT 500 1.2 Lounge In white, 42,000 miles, glass roof, alloys etc ..... £5,695

60 VAUXHALL Astra 1.6 SE 5-Dr **Automatic** In met-grey, 53,000 miles ..... £5,695

64 PEUGEOT 108 Active 3-Dr In red, 23,000 miles, 1 owner, free road tax ..... **REDUCED BY £500 TO £5,495**

10 FORD Fiesta 1.4 TDCi Titanium 3-Dr In electric blue, 51,000 miles ..... £4,995

59 KIA Sportage 2.0 **Diesel Automatic** XS In black, 95,000 miles, 1 local owner ..... £4,995

10 FORD Fiesta Edge (B2) 1.2 3-Dr In vision blue, only 33,000 miles, low insurance ..... £4,795

11 VAUXHALL Meriva 1.7 Diesel Exclusive In met-grey, 60,000 miles, two owners ..... £4,495

61 SKODA Fabia 1.4 SE 5-Dr In red, 62,000 miles, 1 owner ..... **REDUCED BY £500 TO £4,495**

11 HYUNDAI i30 Comfort 1.6 CRDI 5-Dr In met-burgundy, 69,000 mile **diesel** hatch ..... £4,495

58 VAUXHALL Corsa 1.6 SRI 5-Dr In silver, only 29,000 miles, superb example ..... £4,495

10 CITROEN C3 Aircream 5-Dr 1.6 **Diesel** In silver, 67,000 miles, free road tax ..... **REDUCED BY £500 TO £3,995**

58 MAZDA MX5 1.8 In met claret with cream leather, 84,000 miles convertible ..... £3,995

05 BMW 320i SE In met-navy with grey leather, 85,000 miles ..... £3,495

59 CITROEN Bongo Multi Space 1.6 HDI XTR In silver, 113,000 miles, very practical ..... **REDUCED BY £400 TO £3,295**

57 VAUXHALL Meriva 1.4 Club In satin gold, 70,000 miles, Reduced to £6,995



**58 MAZDA MX5 1.8**  
In met claret with cream leather, 84,000 miles convertible  
£3,995



**11 RANGE Rover Sport 3.0 TDV6 Autobiography**  
In black with black/cream leather, 59,000 miles, top of the range  
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**10 AUDI TT 1.8 FSI Convertible**  
In white, 43,000 miles, very nice example  
£10,995



**10 FORD S-Max 2.0 TDCi Zetec Automatic**  
In black, 68,000 miles, **diesel** 7 seater  
Reduced to £6,995



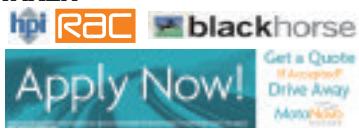
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# Vale of Glamorgan Pool League latest round-up

**BILLY** United hosted the complete turn around with the Wildcats dominating the last two doubles with Watkins/Morris and then Hill/Bardsley playing faultless pool to set up a black ball sudden death shoot out, which saw Ceri Morris pot the only black for a Wildcats bonus point - well done to both teams for such an entertaining night.

At the Castle Hotel, the Dark Lords entertained Finnegans and recorded another 11-1 victory to extend their lead at the top of the table to 10 points.

The night started well for the Billy, taking a 3-1 lead after the first session of singles. Gary Roberts gave the Billy a great start by beating Barry's number one pool player Chris Bardsley in a very tight game.

Paul Everest beat Mark Ingram while Ian Roberts gained the scalp of Ceri Morris and John Farrugia brushed aside Steve Watkins.

The first set of doubles saw Wildcats' Morris and James Hill beat G Roberts and Martin Pring. Then the Billy's Farrugia and Les Ashton made the score 4-2 at the halfway point.

The second session of singles was even with solid performances from James Hill, Mark Ingram and Chris Bardsley.

John Farrugia made the best clearance of the night against Morris, his shot choice and positioning of the white was purely sublime and gave the Billy a 6-4 lead going into the last doubles.

The next 30 minutes saw a

and John Wolfenden.

The King William IV of Cadoxton travelled to the Baruc Arms and came away with a 8-4 win.

The King William took a 5-1 lead at the halfway point with Les Hunt and Neil Tipplies in great form, dominating their matches.

The second half was more even, with Gavin Stevens and Calum Petty winning vital frames for the Baruc Arms. A night of open pool with frames that could have gone either way.

The end of February will see the start of the League Cup, a format of 12 teams in two divisions decided by where teams have finished in the league.

The games consist of four singles, two scotch doubles, then four singles and two scotch doubles on a home and away basis.

There's an opportunity for new pubs and clubs to join the league cup. If you would like to enter a new team please text Joe on 07870 498738.

*Nadolig Llawen to all our teams, players and sponsors. Thanks to Asprou Barbers, Park Crescent, Eze Drive Driving School and R&M mobile Valeting.*

JB

## Latest results from Barrivale Bridge Club



Debbie Hawkins and Vivien Liles.

**THE results for the Barrivale Bridge Club on Tuesday, December 12 are as follows.**

The top three places were: first, Jane Brook and Mick Green 68.75 per cent.

Second, Noelle Bond and Kay Dyer 59.58 per cent.

Third, Celia and Huw Thomas 57.50 per cent. The handicap winners were Jane Brook and Mick Green. Also, this year's handicap winners of the Doughty Bowl were Debbie Dawkins and Vivien Liles

LINDA HOUSTON

## Evan's success

**VALE** trainer Evan Williams landed the Hatfields Shrewsbury Land Rover And Jaguar Conditionals Handcap Hurdle at Bangor-on-Dee on Friday (December 15) with his *Virginia Chick* which came home three-and-a-half lengths ahead of Donald McCain's *Wazowski*.

*Virginia Chick*, a winner seven days earlier, was ridden by Conor Ring and at five-years-old was the youngest horse in the race and went off the 4-6 favourite.

BRIAN LEE

## Run 4 Wales launches its trio of 10K races

**THE Run 4 Wales 10K Series is here to kickoff a new era of distance running in Wales.**

A brand new season ticket has gone on sale to offer discounted entry to a trio of unique events in south Wales.

More than 1,000 runners have already pre-registered to save £10 across the Brecon Carreg Cardiff Bay Run, ABP Newport Wales 10K and Brecon Carreg Barry Island 10K in 2018.

Run 4 Wales chief executive Matt Newman said: "Our aim at Run 4 Wales is to deliver world class running events while providing a platform for people to stay active and healthy.

"The Brecon Carreg Cardiff Bay Run is now one of Wales' largest 10K races, and we hope the ABP Newport Wales 10K and Brecon Carreg Barry Island 10K will become unmissable events on the Welsh sporting calendar."

The popular Brecon Carreg Cardiff Bay Run kick off the Run 4 Wales 10K Series on March 25, when around 6,000 competitors will take on a flat, fast and family friendly course

around Cardiff Bay.

Season ticket holders can then be a part of history at the inaugural ABP Newport Wales Marathon.

Another brand-new event completes the final leg of the series on August 5. Sun, sea and sand will provide the backdrop to the Brecon Carreg Barry Island 10K next summer.

Forming part of the popular Barry Island Weekenders programme, it will bring a festival of running to the popular seaside resort on fully closed roads with charity fundraising, summertime fun and fancy dress at its heart.

Runners taking part in two or more of the events will be eligible to win generous overall series prizes.

*Season tickets are now available at [www.cardiffbayrun.co.uk](http://www.cardiffbayrun.co.uk), [www.newportwalesmarathon.co.uk](http://www.newportwalesmarathon.co.uk) or [www.barryisland10k.co.uk](http://www.barryisland10k.co.uk). Only 1,000 are available, so sign up as soon as possible if you'd like to take advantage of the discounted price.*



Jon Williams and Sam Warburton with Cardiff and Vale College students.

## Sam Warburton visits college to advise about nutrition

**CARDIFF** Blues and Welsh international rugby player Sam Warburton visited Cardiff and Vale College recently to hold a Q&A session with the college's sport students.

The record holder for most Wales caps as captain visited the college's Cardiff International sport campus (CISC) in Leckwith. He held two question and answer sessions with students.

"The facilities here are really high quality. It's great that Cardiff has such a good sports facility," said Sam.

Sam was at the college in his role as ambassador for PAS Nutrition, accompanying PAS founder and WRU national team nutritionist Jon Williams.

Jon, who was also consultant nutritionist to the British and Irish Lions on their successful 2013 Australian tour, gave a presentation to the students on the role close attention to nutrition and supplements can play in developing and honing sporting ability and fitness.

Simply Fresh, the shop at the College's city centre campus on Dumballs Road, will stock a range of batch screened PAS Nutrition products.

## BARRY BEAVERS HOLD THEIR CHRISTMAS PARTY

**Barry Beavers Swimming Club recently had their Christmas party at Sully Bowls Club with a tombola, raffle, group acts and award ceremony.**

It all started with Pat, Chris, Sarah and Cath being given a bouquet of flowers and wine from Mark, Kyle, and Ellie on behalf of the whole club for all the hard work what they all done for the club throughout 2017.

They also introduced their new patrons to the club: Clive and Sue Taylor, also a special award was given to Carys Robinson, who is one of our new instructors this year to the club.

The Anne Haslam award was given to Jen Thomson, the David John Horgan Harding award was given to Nicholas Cusheen, who along with Cath Jones was given the Gordon Harris Award this year.

The caterers were given a box of chocolates for all their hard work at PIP 2 (Party In The Park 2) and for this year's Christmas party, they were Donna, Fiona, Linda, Dawn and Helen.

Also the swimming gala team were congratulated for being this year's Regional/National Champions, with Pat being presented the cup that the team won.

Lastly, the photographers to the club



For all the latest news sporting news from your area this Christmas - [glamorgan-gem.co.uk](http://glamorgan-gem.co.uk)



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## Barry Town United warm up for festive period with away win

FOOTBALL fans in Barry are in for a treat this Christmas period, as Jenner Park hosts a festive double-header; including a big Boxing Day blow-out!

For the first time in 16 years, Barry Town United will open the gates for top-flight Boxing Day action, as Gavin Chesterfield's team tackle high-flying neighbours Cardiff Met in a 2.30pm kick-off.

First though, the Town will be focused on winning a classic Welsh Premier League six-pointer, as former Welsh Cup winners Prestatyn Town travel to Jenner Park for the first time in their history (2.30pm).

While Barry's record against Prestatyn reads played two, lost two, Chesterfield's men will be eager to put things right this Saturday, after the north Walianians sank the Town with a stoppage-time strike at Bastion Gardens in August and handed them



Kyle McLaggon (above left) and Macauley Southam (above right) scored as Barry Town United beat Carmarthen Town on Friday night.

ALL PICTURES BY SAME OLD SMITH PHOTOGRAPHY

a Welsh Cup semi-final hand at the time of defeat at Newtown in writing.

Whatever the outcome

More importantly, a though, the Boxing Day win over the Cymru Alliance champions in this battle of the two promoted sides with a large crowd put some breathing space expected at Jenner Park for a day of merriment in Barry and Prestatyn down in 11th, with the stands and the clubhouse alike, with refreshments, bingo, karaoke and a disco to see out the evening.

Barry warmed up for their festive programme with a 2-1 triumph at Richmond Park on Friday night, edging past a game Carmarthen Town to secure the club's fifth league win of the 2017-18 season.

After his excellent performance in the 1-1 draw with Bangor City, Jordan Cotterill was handed the captain's armband and the creative forward showed confidence to run at the Carmarthen defence, playing to the ball to Drew Fahiyah, who set up Macauley Southam for Barry's first noteworthy effort.

With managers Gavin Chesterfield and Mark Aizlewood each targeting a positive result, the opening quarter hour was full of end-to-end action, with bottom side Carmarthen containing their visitors until a seismic incident

that the beleaguered hosts firmly on the back foot, with 16 minutes played.

After Callum Sainty

delivered a delicious pass

down the right flank for

Kayne McLaggon to run

onto, the club's leading

goalscorer found himself

pulled back and bundled

over, with a clear route

on goal.

Playing to the letter of the law, referee Bryn Markham-Jones showed no hesitation in handing home team skipper Lee Surman a straight red card and in a heartbeat the Old Gold were down to 10 men.

A man up and sensing blood, visitors Barry chased the coveted opener, with Cotterill's long-range effort luckily deflected into the path of Sainty, who sidefooted the ball over the crossbar from seven yards.

Any supporters with a ccessibility requirements are encouraged to contact the club, with carers welcomed free of charge.

The ball was won by Barry and

longer for a Barry breakthrough, which came after Cotterill held off his marker before lifting an exquisite left-footed ball over the top.

Midfielder Southam then controlled with his chest to take it beyond Carmarthen goalkeeper Lee Idzi, before tucking the ball into the bottom corner from a tight angle to give Barry a 33th-minute lead.

One of Chesterfield's several summer signings, Southam has been one of the season's stand-outs, with former Cardiff City youngster more than deserving of his first JD Welsh Premier League goal.

The second half saw Southam and Cotterill at the heart of things once more, combining to release McLaggon, who turned his man and weighed up a shot through a cluster of Carmarthen defenders.

One of them managed to connect with a foot, but there was enough behind McLaggon's low drive to see it into the net, giving the prolific striker his 10th Welsh Premier goal of the 2017-18 campaign.

Ten points adrift at the bottom of the division, Mark Aizlewood's Old Gold had little choice but to try and to pull

themselves back into contention and they

almost did it when

midfielder Kieran Lewis

forced a dynamic save

out of Mike Lewis, after

the returning Barry

number 1 had punched

away a corner.

Then, in the 85th minute, an in-swinging free-kick was met by Old Gold substitute Liam Griffiths, whose header was enough to get by Lewis and reduce the arrears, heading into the final stages.

Nevertheless, Barry would dig in to deter the hosts and resist their 10-man comeback, seeing the job through and increasing their Welsh Premier points haul to 21, heading into the festive period.

Admission for the JD Welsh Premier League matches at Jenner Park on Saturday, December 23 and Boxing Day is available on the gate at £7 (adult), £5 (senior citizen/student) and £3 (child) per fixture.

From the resulting scrum the ball was won by Barry and they again attacked for the next few minutes or so without any rewards for their efforts before the referee's whistle brought the first half to an end.

Barry were now playing down the slope with a gentle breeze behind them, which gave them a slight advantage for the second half.

A penalty was awarded to Llantwit Fardre for Barry being caught offside. The kick found touch well inside the Barry half and from the resulting lineout Fardre attacked the Barry line – only to knock on once again and give a scrum to Barry.

The ball was won by Barry and

## Baross' boot gives Barry RFC another late win at home

AFTER a nailbiting finish against Llanishen RFC the previous week, Barry expected it to be a slightly easier 80 minutes last Saturday when they entertained bottom of the table Llantwit Fardre RFC at the Reservoir Field.

It was hoped, with home advantage, that they could complete the double over the visitors having won the first encounter between the two sides 27-22 last September.

The ground was in surprisingly good condition as Llantwit Fardre elected to play with the slight breeze, having won the toss.

With ball in hand Barry attacked from the kick off and put early pressure on the visitors with the result that they knocked the ball on and gave the first scrum to Barry.

From this first set piece it became immediately imminent that Barry were going to have a hard time in the scrums when Llantwit Fardre pushed them off the ball and won it against the head.

From this scrum the visitors set up their first attacking move, only to knock on in over-exuberance.

After 10 minutes play Barry flanker Luke O'Sullivan broke away from a lineout and sped for the visitors' line, only to be stopped by an illegal shoulder charge. The resulting penalty kick by Kyle Baross was successful and Barry moved into an early three-point lead.

Barry knocked on from the restart and from the resulting scrum, Llantwit Fardre set up an attacking move which was stopped metres from the Barry line by full back Tiernan Scott, who managed to get the ball into touch.

A take and drive from the lineout by the heavier visitors' pack was stopped just short of the Barry line and from the resulting scrum the ball was fed to the Llantwit Fardre winger who crashed over the line for the first (and as it happened only) try of the match.

The resulting conversion from wide out was successful, which put the visitors into a 7-3 lead after only 15 minutes of play.

After the restart play was fairly even between the two sides, while front row forward Ben Such had to leave the field after being on the end of a late tackle. As half-time approached there was another ugly incident which resulted in yellow cards being given to one player from each side.

One final move by Llantwit Fardre was foiled by the Barry defence and the ball was picked up by flanker Luke O'Sullivan who ran a full 40 metres or so before being brought down in the opposition's 22-metre area.

From the resulting scrum the ball was won by Barry and they again attacked for the next few minutes or so without any rewards for their efforts before the referee's whistle brought the first half to an end.

Barry were now playing down the slope with a gentle breeze behind them, which gave them a slight advantage for the second half.

A penalty was awarded to Llantwit Fardre for Barry being caught offside. The kick found touch well inside the Barry half and from the resulting lineout Fardre attacked the Barry line – only to knock on once again and give a scrum to Barry.

The ball was won by Barry and

Baross's relieving kick ended up well inside the opposition's 22. From the resulting lineout Barry knocked on and gave the scrum back to Llantwit Fardre from which they were able to set up an attacking movement only to knock the ball on themselves.

From this scrum, Barry won the ball and in trying to gain ground Baross kicked the ball directly into touch while being outside his own 22-metre line.

The game was quickly becoming a comedy of errors with no real advantage being gained by either side.

After 20 minutes or so an infringement by one of the Llantwit Fardre players inside his own 22-metre line led to a penalty being awarded to Barry, which was duly converted by Kyle Baross to bring Barry within one point of the opposition.

From the restart, Llantwit Fardre attacked strongly and came close to scoring, only to lose the ball on being stopped by a resolute Barry defence.

With ball in hand it was Barry's turn to attack, only to be stopped by a determined Llantwit Fardre defence. From the resulting scrum the ball was kicked back into the Barry half and a movement set up by their backs which once again was stopped by the opposing defence.

This was very much a pattern of the game with both sides setting up attacking moves only to be stopped by good defence or losing possession by knocking the ball on.

With the light failing and time ticking away it looked very much as if Barry were going to lose the game by the odd point.

With the bit between their teeth they were attacking the Llantwit Fardre line time and time again only to be stopped by the defenders.

When all seemed lost, and full time imminent, Barry were awarded a (seemingly belated) penalty for offside and the reliable boot of Baross kicked the vital points to give Barry the lead, 9-7.

Barry only had to consolidate their position by keeping the ball in hand for the last few minutes of the game, which they were able to do so and thus win a hard-fought difficult game.

Congratulations must be given to the Barry squad for showing guts and determination in what was a hard-fought match.

*Team: Alyn Evans, Ben Such, Jacob Brooke, Jamie Oaten, Rob Williams, Jake Goodfellow, James Hadfield, Luke O'Sullivan, Kyle Barros, Richie O'Sullivan, Tomos Perry, Dave Provis, Matt O'Sullivan, Brad White and Tiernan Scott. Replacements: Glyn Jones, Lucas Davies, Dominic Busutil and Curtis Miller.*

Barry's next matc sees them take on Penarth RFC away on December 30, kick-off 2.30pm.

The Mega4 Lottery Numbers were 4, 16, 17, 22 - no winners this week so prize increases to £7,850.

The club would like to wish all their supporters a Happy Christmas and a Prosperous New Year.

CWH

## Dinas are nibbled by the Squirrels

The chilly afternoon started so brightly for the Dinas Powys RFC as they stormed to a 14-point lead after 25 minutes against the 'Squirrels' of Rhwbina.

The 'Squirrel' name and logo that Rhwbina RFC use came about as a result of the club prior to formation meeting in the Butchers Arms, an Ansell's pub which used the squirrel motif as an emblem.

The first home try scored by centre Rhys Evans followed a fine break by co-centre Sam Middlemiss with outside half Ben White adding the conversion the home side led by 7-0.

This period of the game was dominated by the home side with the visitors pegged back in their half, the home scrum was comfortable with the front row of Andrew O'Malia, Caleb Robinson and Luke Dyer exerting pressure on their opposite numbers.

The loss of O'Malia after a quarter of the game with a leg injury was to prove crucial; the prop has proved an integral part of the team not only with his scrummaging, but also his ball carrying and deft distribution.

The home side were penalised mercilessly at the scrum by the referee and these penalties presented the Squirrels with lineouts deep in the Villagers' half that they drove forward relentlessly.

The powerful black-clad forwards of Rhwbina added two further converted tries and after 55 minutes the visitors from the north of Cardiff led by 14-35.

The youthful home side defended grimly for the remaining 25 minutes and indeed rallied to score their third try of the afternoon in the gathering gloom to produce a final score of 19-35.

HJ